

Sailor 21

Dance by: Neil & Doris Koozer, 5619 Green Valley Rd, Oakland, OR 97462-9806
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Music: "Sailor" by Petula Clark, Amazon Download, Album = "Platinum Album"
Original time = 2:53 @ 25 mpm Speed up 12% to 28 mpm
Dance: Slow Twostep ph 4+1 (triple traveler) Difficulty: average
Timing: SQQ except where indicated
Sequence: Intro A B A B end Dec 2021
rev 1 Aug 2024: Corrected ending position of the Square

INTRO

1-2 WAIT;;

1-2 LCP WALL wait for rhythm then wait 2 measures;;

PART A

1-4 LEFT TURN INSIDE ROLL; BASIC ENDING; SIDE BASIC; OPEN BASIC;

- 1 {L turn inside roll} trng LF fwd L twd LOD trng LF to fc COH raise lead hnds btw ptrs, -, sd R (W trn LF under jnd lead hnds), XLif (W sd R cont trn to fc ptr);
- 2 {basic ending} sd R, -, XLib, rec R;
- 3 {side basic} sd L, -, XRib, rec L;
- 4 {open basic} sd R to 1/2 OP RLOD, -, XLib, rec R;

5-8 THE SQUARE;;;;

- 5 {the square} fwd L trng RF moving in front of W, -, sd R twd WALL, XLif (W fwd R, -, sd L twd WALL, XRif) to end in left 1/2 OP fcg WALL;
- 6 fwd R, -, sd L twd LOD, XRif (W fwd L trng RF moving in front of M, -, sd R twd LOD, XLif) to end in 1/2 OP fcg LOD;
- 7 fwd L trng RF moving in front of W, -, sd R twd COH, XLif (W fwd R, -, sd L twd COH, XRif) to end in left 1/2 OP fcg COH;
- 8 fwd R, -, sd L twd RLOD, XRif (W fwd L trng RF moving in front of M, -, sd R twd RLOD, XLif) to end in LCP COH;

9-12 RIGHT TURN OUTSIDE ROLL; OPEN BASIC; 2 SWITCHES;;

- 9 {R turn outside roll} trng RF sd and bk L twd RLOD trng RF to fc WALL raise lead hnds twd outside of W, -, sd R (W trn RF under jnd lead hnds), XLif (W cont trn to fc ptr R);
- 10 {open basic} sd R to 1/2 OP LOD, -, XLib, rec R;
- 11 {switches} Xif of W sd L trng RF (W fwd R) to left 1/2 OP LOD, -, fwd and sd R, XLif;
- 12 fwd R (W Xif of M sd L trng RF) to 1/2 OP LOD, -, fwd and sd L, XRif;

13-16 TWISTY BASIC; WRAP to FC LOD; SWEETHEART RUNS 2X;;

- 13 {twisty basic} sd L, -, XRib (W XLif), rec L to BFLY WALL;
- 14 {wrap} join trail hnds [rev und turn with dbl hnd hold] sd R raise lead hnds btw ptrs, -, XLib, rec R (W sd and fwd L trng LF, -, sd R cont LF trn, rec fwd L to fc LOD) to wrapped pos fcg LOD;
- 15-16 {sweetheart runs} WRP LOD fwd L, -, R, L; fwd R, -, L, R;

PART B

1-4 TRIPLE TRAVELER;;; OPEN BREAK;

- 1 {triple traveler} trng LF fwd L LOD trng LF to fc COH raise lead hnds btw ptrs, -, sd R (W trn LF under jnd lead hnds), XLif (W cont trn to fc ptr R);
- 2 fwd R spiral LF under jnd lead hnds (W fwd L), -, extend lead hnds out in front of ptrs at waist level fwd L, R;

- 3 fwd L bring lead hnds down btw ptrs, -, cont swing of lead hnds up to lead outside twirl fwd R, L (W twirl RF und lead hnds L, R) to LOFP COH;
- 4 {open break} sd R, -, apart L, rec R;
- 5-8 CHANGE SIDES UNDERARM; BASIC ENDING; LUNGE BASIC; PICKUP low BFLY;**
- 5 {chg sides und} twd W's R side fwd and side L trng 1/2 RF leading W under joined lead hands, -, sd R to fc WALL, XLif; (W twd M's R side fwd R trng 1/2 LF -, sd L to fc ptr & COH, XRif);
- 6 {basic ending} sd R, -, XLib, rec R;
- 7 {lunge basic} sd L, -, rec R, XLif;
- 8 {pickup} [M basic ending W lunge basic] sd R, -, XLib, rec R (W sd L, -, rec R, XLif) trng LF to BFLY LOD with hnds low and close together;
- 9-12 TRAVELING CROSS CHASSES;;; to FC WALL;**
- 9 {trav X chasses} fwd L LOD with slight LF body trn to fc DLC, -, sd and fwd R with R shoulder lead, XLif (W XRif);
- 10 fwd R LOD trng RF to fc DLW, -, sd and fwd L with L shoulder lead, XRif (W XLif);
- 11 fwd L LOD trng LF to fc DLC, -, sd and fwd R with R shoulder lead, XLif (W XRif);
- 12 fwd R LOD trng to fc WALL in BFLY, -, sd L, xRif;
- 13-16 UNDERARM TURN; REV UNDERARM TURN; LUNGE BASIC 2X;;**
- 13 {underarm turn} sd L raise lead hnds twd outside of W, -, XRif, rec L; (W sd R, -, XLif trng RF under jnd lead hnds, rec R trng to fc ptr);
- 14 {rev underarm turn} sd R raise lead hnds btw ptrs, -, XLif, rec R; (W sd L, -, XRif trng LF under jnd lead hnds, rec L trng to fc ptr);
- 15 {lunge basics} BFLY or LCP WALL sd L, -, rec R, XLif;
- 16 BFLY or LCP WALL sd R, -, rec L, XRif;

END

1-2 SIDE BASIC; LUNGE SIDE;

- 1 {side basic} sd L, -, XRif, rec L;
- S 2 {lunge side} Sd R with relaxed R knee and R side stretch and both looking twd LOD;

Amazon link: https://www.amazon.com/Sailor-Seemann-Deine-Heimat-Meer/dp/B08FMXK6BF/ref=sr_1_2?crid=2KDLAB013BW7G&keywords=petula+clark+sailor&qid=1640317578&s=dmusic&srefix=petula+clark+sailor%2Cdigital-music%2C228&sr=1-2

Youtube link: https://www.youtube.com/watch?v=_GVH2weSIM8

Head Cues:

INTRO

1-2 WAIT;;

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- 5-8 THE SQUARE;;;;**
- 9-12 RIGHT TURN OUTSIDE ROLL; OPEN BASIC; 2 SWITCHES;;**
- 13-16 TWISTY BASIC; WRAP to FC LOD; SWEETHEART RUNS 2X;;**

PART B

- 1-4 TRIPLE TRAVELER;;; OPEN BREAK;**
- 5-8 CHANGE SIDES UNDERARM; BASIC ENDING; LUNGE BASIC; PICKUP low BFLY;**

9-12 TRAVELING CROSS CHASSES;;; to FC WALL;
13-16 UNDERARM TURN; REV UNDERARM TURN; LUNGE BASIC 2X;;

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PICKUP low BFLY;
9-12 TRAVELING CROSS CHASSES;;; to FC WALL;
13-16 UNDERARM TURN; REV UNDERARM TURN; LUNGE BASIC 2X;;

END

1-2 SIDE BASIC; LUNGE SIDE;