

So Rare

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Music: "So Rare" Jimmy Dorsey, available from Amazon.com

Footwork: Opposite, directions to man, except where noted

Sequence: INTRO A B C B ENDING

Rhythm: West Coast Swing Difficulty - Average Speed - As Downloaded

RAL Phase: IV

Meas. INTRODUCTION 1 - 5

1-5 3-4 FEET APART, WAIT 5 notes - [begin on 1st So Rare]; SLOW CROSS POINT TWICE w/ARMS to SCP;; ROCK 4 to a THROWOUT;;

1 3- 4 feet apart, hands on hips, wait 5 notes;

3-4 [Cross Point 2X] open facing ptr & wall - xlif. pt sd r, with arms, xlif, pt sd with arms, to scp/lod

5 [Rock 4 to a Throwout] rk apt, xif, rk apt, xif; trn sd/cl, fwd, bk/rec, bk;

PART A 1 - 16

1 - 3 SUGAR PUSH ~ UNDERARM TURN FC RLOD;;;

1-3 [Sugar Push] Bk L, bk R, tch L, fwd L (fwd R, fwd L, tch R, bk R); [2-3] Sip R/L, bk R (sip L/R, L){Underarm Turn}

[Underarm Turn] bk L trng RF, fwd R trng RF raise jnd lead hnds (fwd R, fwd L trn LF undr jnd lead hnds); Fwd L trng RF/cl R trng RF, fwd L fc RLOD, sip R/L, bk R (fwd R trn LF/XLIF cont trn, bk R, sip L/R, L);

4-6 SUGAR PUSH ~ TUCK & SPIN;;;

4-6 [Sugar Push] Bk L, bk R, tch L, fwd L (fwd R, fwd L, tch R, bk R); [2-3] Sip R/L, bk R (sip L/R, L){Underarm Turn}

[Tuck & Spin] Bk L, bk R, tch L, fwd L release hnds for W's spin (fwd R, fwd L, tch R, trn RF step R spin full trn RF to fc M); [5] Sip R/L, bk R (sip L/R, L)

7-8 SIDE BREAKS 2 SLOW 4 QUICK;;

7-8 [Side Breaks 2 Slow, 4 Quick] Sd L/sd R, -, cl L/cl R, - (Sd R/sd L, -, cl R/cl L, -); Sd L/sd R, cl L/cl R, sd L/sd R, cl L/cl R (Sd R/sd L, cl R/cl L, sd R/sd L, cl R/cl L);

9-11 LEFT SIDE PASS FC LOD ~ MEN'S UNDERARM TURN FC RLOD;;;

9-10 [Left Side Pass] trng _ LF bk L fc WALL, cl R (fwd R, fwd L); Sip L/R, fwd L trn fc LOD (fwd R/L, fwd R trng L fc to fc RLOD), sip R/L, bk R (sip L/R, L);

[Men's Underarm Turn] Bk L, fwd & sd R twd W's L sd trng RF undr jnd lead hnds, sd L/fwdR, fwd L to fc RLOD (Fwd R, fwd L, fwd R trn LF/XLIF cont trn, bk R to fc LOD); [8] Sip R/L, bk R (sip L/R, L),

12-16 LEFT SIDE PASS FC LOD ~ TUCK & SPIN;;; CHICKEN WALKS, 2 SLOW, 4 QUICK;;

12-16 [Left Side Pass] trng _ LF bk L fc WALL, cl R (fwd R, fwd L); Sip L/R, fwd L trn fc LOD (fwd R/L, fwd R trng L fc to fc RLOD), sip R/L, bk R (sip L/R, L);

[Tuck & Spin] Bk L, bk R, tch L, fwd L release hnds for W's spin (fwd R, fwd L, tch R, trn RF step R spin full trn RF to fc M); [5] Sip R/L, bk R (sip L/R, L)

[Chicken Walks] Chicken Walks] Bk L, -, bk R, - (Swvl RF on L fwd R, -, swvl LF on R fwd L, -); Bk L, bk R, bk L, bk R (Swvl RF on L fwd R, swvl LF on R fwd L, swvl RF on L fwd R, swvl LF on R fwd L);

PART B 1 - 8**1-8 WRAPPED WHIP;; MEN'S UNDERARM TURN FC RLOD & KICK BALL CHANGE;;**

- 1-2 **[Wrapped Whip]** Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng _ RF, bring M's L & W's R hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd (Fwd R, fwd L, fwd R/cl L, bk R); [6] XRIB trng RF release M's R & W's L hnds, trng RF to fc RLOD sd & fwd L, sip R/cl L, bk R (Bk L, bk R, sip L/R, L);
- 3-4 **[Men's Underarm Turn]** Bk L, fwd & sd R twd W's L sd trng RF undr jnd lead hnds, sd L/fwdR, fwd L to fc RLOD (Fwd R, fwd L, fwd R trn LF/XLIF cont trn, bk R to fc LOD); [8] Sip R/L, bk R (sip L/R, L),
- [Kick Ball Change]** Kick L fwd/cl L on ball of ft, sip R, kick L fwd/cl L on ball of ft, sip R;

SUGAR PUSH ~ UNDERARM TURN;;; QUICK SIDE BREAKS;

- 5-7 **[Sugar Push]** Bk L, bk R, tch L, fwd L (fwd R, fwd L, tch R, bk R); [2-3] Sip R/L, bk R (sip L/R, L){Underarm Turn}
- [Underarm Turn]** bk L trng RF, fwd R trng RF raise jnd lead hnds (fwd R, fwd L trn LF undr jnd lead hnds); Fwd L trng RF/cl R trng RF, fwd L fc RLOD, sip R/L, bk R (fwd R trn LF/XLIF cont trn, bk R, sip L/R, L);
- 8 **[Quick Side Breaks]** Sd L/sd R, cl L/cl R, sd L/sd R, cl L/cl R (Sd R/sd L, cl R/cl L, sd R/sd L, cl R/cl L);

PART C 1 - 8**1-4 UNDERARM TURN / MEN HOOK TURN ~ JOIN RIGHT HANDS ~ RIGHT SIDE PASS w/ TUCK & SPIN;;; 2 KICK BALL CHANGES;**

- 1-4 **[Underarm Turn/Men Hook Turn]** Bk L, fwd R trng RF and leading W und Id hnds, press stp sd Ltrng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und Id hnds, sd R/XLif, trng LF bk R to fc LOD); Releasing hnds and trng RF hook Rib/sm sd & bk L to fc LOD, XRif to fc WALL extending R hnd back to W (joining R hnds anchor L/R, L)R trng RF, fwd L fc RLOD, sip R/L, bk R (fwd R trn LF/XLIF cont trn, bk R, sip L/R, L);
- [Right Side Pass /w Tuck & Spin]** sd L leading W forward, rec R (fwd R, L); Tch L tucking W in, trng LF fwd L releasing hnds, anchor in pl R/L, R to fc LOD joining Id hnds (Trng LF to fc M tap R, trng RF fwd R spinning RF to fc M, anchor stp L/R, L);
- [Kick Ball Change]** Kick L fwd/cl L on ball of ft, sip R, kick L fwd/cl L on ball of ft, sip R;

5-8 UNDERARM TURN / MEN HOOK TURN ~ JOIN RIGHT HANDS ~ RIGHT SIDE PASS w/ TUCK & SPIN;;; 2 KICK BALL CHANGES;

- 5-8 **[Underarm Turn/Men Hook Turn]** Bk L, fwd R trng RF and leading W und Id hnds, press stp sd Ltrng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und Id hnds, sd R/XLif, trng LF bk R to fc LOD); Releasing hnds and trng RF hook Rib/sm sd & bk L to fc LOD, XRif to fc WALL extending R hnd back to W (joining R hnds anchor L/R, L)R trng RF, fwd L fc RLOD, sip R/L, bk R (fwd R trn LF/XLIF cont trn, bk R, sip L/R, L);
- [Right Side Pass /w Tuck & Spin]** sd L leading W forward, rec R (fwd R, L); Tch L tucking W in, trng LF fwd L releasing hnds, anchor in pl R/L, R to fc LOD joining Id hnds (Trng LF to fc M tap R, trng RF fwd R spinning RF to fc M, anchor stp L/R, L);
- [Kick Ball Change]** Kick L fwd/cl L on ball of ft, sip R, kick L fwd/cl L on ball of ft, sip R;

REPEAT PART B 1 - 8**ENDING 1-6****1-4 SUGAR PUSH MEN HOOK TURN JOIN RIGHT HANDS ~ RIGHT SIDE PASS ~ SUGAR PUSH;;;;**

- 1-4 **[Sugar Push]** Bk L, bk R, tch L, fwd L (fwd R, fwd L, tch R, bk R); [2-3] Sip R/L, bk R (sip L/R, L){Underarm Turn}
- [Men Hook Turn]** Releasing hnds and trng RF hook Rib/sm sd & bk L to fc LOD, XRif to fc WALL extending R hnd back to W (joining R hnds anchor L/R, L)R trng RF, fwd L fc RLOD, sip R/L, bk R (fwd R trn LF/XLIF cont trn, bk R, sip L/R, L);
- [Right Side Pass]** sd L leading W forward, rec R (fwd R, L);
- [Sugar Push]** Bk L, bk R, tch L, fwd L (fwd R, fwd L, tch R, bk R); [2-3] Sip R/L, bk R (sip L/R, L){Underarm Turn}

5 UNDERARM TURN BOTH HOOK TURN & FREEZE ~ SNAP TURN;

- 5 **[Underarm Turn Both Hook Turn & Freeze, Snap Turn]** Bk L, fwd R trng RF and leading W und ld hnds, press stp sd L trng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und ld hnds, sd R/XLif, trng LF bk R to fc LOD); Keeping ld hnds joined & trng RF hook Rib/rec L to fc LOD, XRif, hold one bt, sharply trn on R to fc RLOD [L ft ptd to ptr & hnd on hip] (hook Lib/rec R, XLif, hold one bt, sharply trn on L to fc LOD [R ft ptd to ptr & hnd on hip]);

6 2 CHICKEN WALKS ~ KICKBALL CHANGE POINT HOLD;

- 6 **[Chicken Walks]** Bk L, -, bk R, - (Swvl RF on L fwd R, -, swvl LF on R fwd L, -);
[KickBall Change Point & Hold] Kick L fwd/cl L on ball of ft, sip R, kick L fwd/cl L on ball of ft, sip R;