

Soul

CHOREOGRAPHERS: Dan & Allison Drumheller, 6000 Tristen Ct, Vacaville, CA 95687-8264

E-MAIL: dan.drum@sbcglobal.net

PHONE: (707) 761-9411

MUSIC: *Soul* by Lee Brice CD: Hey World, Track #9

Available from several download sites

RHYTHM: Cha PHASE: IV +2 (Cuddle, Double Cuban)

FOOTWORK: Opposite, directions to Man, unless noted in parentheses

SEQUENCE: INTRO – A - B - C - A - B - C - INTER – C Mod1 – C Mod2

SPEED: - 2% or adjust to suit

TIME: 2:48

DIFFICULTY: Average

RELEASED: November 2022

REVISED: March 2023

INTRO

1-4 WAIT 2 MEAS;; CUDDLE TWICE;;

1-2 Cuddle Position fcg wall lead ft free wait 2 meas;;

3-4 sd L, rec R, cl L in place/stp R, stp L; (Trn bk R, rec L, fwd trn R/cl L, sd R;) sd R, rec L, cl R in place/stp L, stp R;
(trn bk L, rec R, fwd trn L/cl R, sd L;)

PART A

1-4 CROSS BODY;; FENCE LINE TWICE;;

1-2 Cuddle Position fcg wall fwd L, rec R comm LF trn, sd L/cl R, sd L; slip bk R trn LF, rec L to fc COH, sd R/cl L, sd R
(bk R, rec L, fwd R/cl L, fwd R; fwd L comm LF trn, fwd R trn 1/2 LF to fc ptr in CP, sd L/cl R, sd L)
blending to BFLY fcg COH;

3-4 cross lunge thru L, rec R to fc ptr, sd L/cl R, sd L; cross lunge thru R, rec L to fc ptr, sd R/cl L, sd R;

5-8 CROSS BODY;; FENCE LINE; SPOT TURN LADY IN 4 TO VARSUVIAN WALL;

5-6 BFLY fcg COH fwd L, rec R comm LF trn, sd L/cl R, sd L; slip bk R trn LF, rec L to fc wall, sd R/cl L, sd R
(bk R, rec L, fwd R/cl L, fwd R; fwd L comm LF trn, fwd R trn 1/2 LF to fc ptr in CP, sd L/cl R, sd L)
blending to BFLY fcg wall;

7-8 cross lunge thru L, rec R to fc ptr, sd L/cl R, sd L; Xing R trng LF, fwd L cont LF trn to fc wall, sd R, cl L, sd R
(W Xing fwd L trng RF, rec R cont RF trn to fc ptr, sd L cont trng RF 1/2 to fac wall, cl R to shadow Varsou);

PART B

1-4 PARALLEL CHASE;; LARIAT LF; MAN IN 4 BFLY WALL;

1-2 sd L trng RF, rec fwd R, fwd L, cl R, fwd L; sd R trng LF, rec fwd L, fwd R, cl L, fwd R;

3-4 sd L, rec R, cl L to R/ cl R, cl L; (around man fwd L, fwd R, fwd L/cl R, fwd L); (sd R, rec L, sid R trng to RF. Sd L to BFLY wall, (fwd R, Fwd L, Fwd R/cl L, fwd R to BFLY facg ptr);

5-8 AIDA; SWITCH ROCK; NEW YORKER; FENCE LINE IN 4 TO RIGHT HAND SHAKE;

5-6 trng ¼ LF thru R trng RF, sd L cont RF trn to V-bk to bk pos bk R/lk L of R, bk R; Sd L trng LF to BFLY, rec R,
sd L/ cl R, sd L;

7-8 Swvl LF thru R to OP LOD, rec L swvl to fc ptr, sd R/cl L, sd R; X Lun R, Rec L, sd R, sd to R hnd shk;

PART C

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;;; WHEEL 2 AND CHA FACE LOD;

1-2 Rk apart L, rec R turning ¼ RF (W LF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ RF
(W LF) sd and bk L/cl R, comp turn to face partner sd and bk L to L hnd shk COH; Rk apart R, rec L turning ¼ LF (W
RF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ LF (W RF) sd and bk R/cl L, comp turn
to face partner sd and bk R to hnd shk;

3-4 Rk apart L, rec R turning ¼ RF (W LF) behind W join L hnds in vars pos sd L/cl R, sd L; whl RF fwd R, fwd L, fwd
R/cl L, fwd R to vars LOD (whl RF bk L, bk R, bk L/cl R, bk L);

5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;

5-6 sd L away from ptr, XRIB, sd L/cl R, sd L; XRIF ckg fwd motion, rec L, trng RF 1/4 (W LFif) sd R/cl L, fwd R to
BFLY;

7-8 rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R;

9-12 DOUBLE CUBANS;; TRAVELING DOOR; CUCARACHA REVERSE;

9-10 XLIF of R/rec R, chk sd L/rec R, XLIF of R/rec R, sd L; XRIF of L/rec L, chk sd R/rec L, XRIF of L/rec L, sd R;

11-12 Sd L, rec R, XLif/sd R, XLif; sd R, rec L, cl R/ L, R;

PART A

1-4 CROSS BODY;; FENCE LINE TWICE;;

1-2 BFLY fcg wall fwd L, rec R comm LF trn, sd L/cl R, sd L; slip bk R trn LF, rec L to fc COH, sd R/cl L, sd R
(bk R, rec L, fwd R/cl L, fwd R; fwd L comm LF trn, fwd R trn 1/2 LF to fc ptr in CP, sd L/cl R, sd L)
blending to BFLY fcg COH;

3-4 cross lunge thru L, rec R to fc ptr, sd L/cl R, sd L; cross lunge thru R, rec L to fc ptr, sd R/cl L, sd R;

5-8 CROSS BODY;; FENCE LINE; SPOT TURN LADY IN 4 TO VARSUVIAN WALL;

5-6 BFLY fcg COH fwd L, rec R comm LF trn, sd L/cl R, sd L; slip bk R trn LF, rec L to fc wall, sd R/cl L, sd R
(bk R, rec L, fwd R/cl L, fwd R; fwd L comm LF trn, fwd R trn 1/2 LF to fc ptr in CP, sd L/cl R, sd L)
blending to BFLY fcg wall;

- 7-8 cross lunge thru L, rec R to fc ptr, sd L/cl R, sd L; Xing R trng LF, fwd L cont LF trn to fc wall, sd R/ cl L, sd R (W Xing fwd L trng RF, rec R cont RF trn to fc ptr, sd L cont trng RF 1/2 to fac wall, cl R to shadow Varsou);

PART B

1-4 PARALLEL CHASE;; LARIAT LF; MAN IN 4 BFLY WALL;

- 1-2 sd L trng RF, rec fwd R, fwd L, cl R, fwd L; sd R trng LF, rec fwd L, fwd R, cl L, fwd R;
3-4 sd L, rec R, cl L to R/ cl R, cl L; (around man fwd L, fwd R, fwd L/cl R, fwd L); (Sd R, rec L, sid R trng to RF. Sd L to BFLY wall, (fwd R, Fwd L, Fwd R/cl L, fwd R to BFLY facg ptr);

5-8 AIDA; SWITCH ROCK; NEW YORKER; FENCE LINE IN 4 TO RIGHT HAND SHAKE;

- 5-6 trng ¼ LF thru R trng RF, sd L cont RF trn to V-bk to bk pos bk R/lk Lif of R, bk R; Sd L trng LF to BFLY, rec R, sd L/ cl R, sd L;
7-8 Swvl LF thru R to OP LOD, rec L swvl to fc ptr, sd R/cl L, sd R; X Lun R, Rec L, sd R, sd to R hnd shk;

PART C

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;; WHEEL 2 AND CHA FACE LOD;

- 1-2 Rk apart L, rec R turning ¼ RF (W LF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ RF (W LF) sd and bk L/cl R, comp turn to face partner sd and bk L to L hnd shk COH; Rk apart R, rec L turning ¼ LF (W RF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ LF (W RF) sd and bk R/cl L, comp turn to face partner sd and bk R to hnd shk;
3-4 Rk apart L, rec R turning ¼ RF (W LF) behind W join L hnds in vars pos sd L/cl R, sd L; whl RF fwd R, fwd L, fwd R/cl L, fwd R to vars LOD (whl RF bk L, bk R, bk L/cl R, bk L);

5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;

- 5-6 sd L away from ptr, XRIB, sd L/cl R, sd L; XRIF ckg fwd motion, rec L, trng RF 1/4 (W LF) sd R/cl L, fwd R to BFLY;
7-8 rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R;

9-12 DOUBLE CUBANS;; TRAVELING DOOR; CUCARACHA REVERSE;

- 9-10 XLIF of R/rec R, chk sd L/rec R, XLIF of R/rec R, sd L; XRIF of L/rec L, chk sd R/rec L, XRIF of L/rec L, sd R;
11-12 Sd L, rec R, XLif/sd R, XLif; sd R, rec L, cl R/ L, R;

INTERLUDE

1-4 HALF BASIC TO A FAN;; HOCKY STICK TO FACE RIGHT HAND SHAKE;;

- 1-2 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng body slightly LF, rec L, sm sd R/cl L, sd R (W fwd L close to M, trng LF sd & bk R, bk L/lk Rif of L, bk L leaving R fwd w/ no weight);
3-4 Fwd L, rec R, L/R, L (W cl R, fwd L, fwd R/cl LR, fwd R); bk R, fwd L comm 1/8 LF trn, fwd R lead W LF undrm trn cl L to fc ptr, sd R to R hnd shk (W fwd L, fwd R trn LF under jnd ld hnds, bk L trn to fc ptr/cl R, sd L) R hnd shk;

PART C MOD 1

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;; WHEEL 2 AND CHA FACE LOD;

- 1-2 Rk apart L, rec R turning ¼ RF (W LF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ RF (W LF) sd and bk L/cl R, comp turn to face partner sd and bk L to L hnd shk COH; Rk apart R, rec L turning ¼ LF (W RF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ LF (W RF) sd and bk R/cl L, comp turn to face partner sd and bk R to hnd shk;
3-4 Rk apart L, rec R turning ¼ RF (W LF) behind W join L hnds in vars pos sd L/cl R, sd L; whl RF fwd R, fwd L, fwd R/cl L, fwd R to vars LOD (whl RF bk L, bk R, bk L/cl R, bk L);

5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; CUCARACHA TWICE TO RIGHT HAND SHAKE;;

- 5-6 sd L away from ptr, XRIB, sd L/cl R, sd L; XRIF ckg fwd motion, rec L, trng RF 1/4 (W LF) sd R/cl L, fwd R to BFLY;
7-8 Sd L, rec R, cl L/ stp R, stp L; sd R, rec L, cl R/stp L, stp R to R hnd shk;

PART C MOD 2

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;; WHEEL 2 AND CHA FACE LOD;

- 1-2 Rk apart L, rec R turning ¼ RF (W LF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ RF (W LF) sd and bk L/cl R, comp turn to face partner sd and bk L to L hnd shk COH; Rk apart R, rec L turning ¼ LF (W RF) behind W releasing joined hands to momentary TANDEM, cont turning ¼ LF (W RF) sd and bk R/cl L, comp turn to face partner sd and bk R to hnd shk;
3-4 Rk apart L, rec R turning ¼ RF (W LF) behind W join L hnds in vars pos sd L/cl R, sd L; whl RF fwd R, fwd L, fwd R/cl L, fwd R to vars LOD (whl RF bk L, bk R, bk L/cl R, bk L);

5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;

- 5-6 sd L away from ptr, XRIB, sd L/cl R, sd L; XRIF ckg fwd motion, rec L, trng RF 1/4 (W LF) sd R/cl L, fwd R to BFLY;
7-8 rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R;

9-12 DOUBLE CUBANS;; TRAVELING DOOR; POINT REV AND HOLD;

- 9-10 XLIF of R/rec R, chk sd L/rec R, XLIF of R/rec R, sd L; XRIF of L/rec L, chk sd R/rec L, XRIF of L/rec L, sd R;
11-12 Sd L, rec R, XLif/sd R, XLif; pt R and hold - - ;

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by
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Quick Cues

INTRO

1-4 WAIT 2 MEAS;; CUDDLE TWICE;;

PART A

1-4 CROSS BODY;; FENCE LINE TWICE;;
5-8 CROSS BODY;; FENCE LINE; SPOT TURN LADY IN 4 TO VARSUVIAN WALL;

PART B

1-4 PARALLEL CHASE;; LARIAT LF MAN IN 4;;
5-8 THRU TO AN AIDA; SWITCH ROCK; NEW YORKER; FENCE LINE IN 4 TO RIGHT HAND SHAKE;

PART C

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;;; WHEEL 2 AND CHA FACE LOD;
5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;
9-12 DOUBLE CUBANS;; TRAVELING DOOR; CUCARACHA REVERSE;

PART A

1-4 CROSS BODY;; FENCE LINE TWICE;;
5-8 CROSS BODY;; FENCE LINE; SPOT TURN LADY IN 4 TO VARSUVIAN WALL;

PART B

1-4 PARALLEL CHASE;; LARIAT LF MAN IN 4;;
5-8 THRU TO AN AIDA; SWITCH ROCK; NEW YORKER; FENCE LINE IN 4 TO RIGHT HAND SHAKE;

PART C

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;;; WHEEL 2 AND CHA FACE LOD;
5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;
9-12 DOUBLE CUBANS;; TRAVELING DOOR; CUCARACHA REVERSE;

INTERLUDE

1-4 HALF BASIC TO A FAN;; HOCKY STICK TO FACE RIGHT HAND SHAKE;;

PART C MOD 1

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;;; WHEEL 2 AND CHA FACE LOD;
5-6 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY;
7-8 CUCARACHA TWICE TO RIGHT HAND SHAKE;;

PART C MOD 2

1-4 TRADE PLACES 3 TIMES 3RD ONE TO VARSUVIAN FACE REVERSE;;; WHEEL 2 AND CHA FACE LOD;
5-8 VINE APART 2 AND CHA; CROSS CHECK REC CHA TO BFLY; BASIC;;
9-12 DOUBLE CUBANS;; TRAVELING DOOR; POINT REV AND HOLD;