

STAYIN' ALIVE

Choreo: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363
Record: RSO Top Line RS8009 "Stayin' Alive", Bee Gees
Footwork: Opposite, Except as noted Time: 3:36'
Rhythm: Cha-Cha Phase:III +1(Alemana)+1(Disco Point) Speed: 45-46 rpm
Sequence: INTRO A A B A B ENDING

INTRODUCTION

- 1-6 WAIT;; CIRCLE AWAY 2, CHA ; TOG 2, CHA ; SHOULDER TO SHOULDER;;
1-2 In "V" BK to BK pos fcg COH wait 2 meas;;
3-4 Circ away from ptr LF (W RF) Fwd L, fwd R, fwd L/cl R, fwd L; Cont circ LF (W RF) twd ptr fwd R, fwd L, Fwd R/cl L, fwd R to BFLY/WALL;
5-6 Fwd L xif (W R xib), rec R, sd L/cl R, sd L; Fwd R xif (W L xib), rec L, sd R/cl L, sd R;

PART A

- 1-4 NEW YORKER; (OP/LOD) WALK 2, CHA; SLIDE THE DOOR;;
1-2 Rk thru L twd RLOD to LOP, rec R to OP/LOD, fwd L/cl R, fwd L; Fwd R, fwd L, fwd R/cl L, fwd R;
3-4 Rk apt L, rec R change sides crossing IB W (W Xif of M) XLif/sd R, XLif, to LOP fcg LOD, Rk apt R, rec L change sides crossing IB W(W Xif of M) XRif/sd L, XRif, to OP/LOD;
- 5-8 CIRCLE AWAY 2, CHA; TOG 2, CHA; NEW YORKER; SPOT TURN;
5-6 Circ away from ptr LF (W RF) Fwd L, Fwd R, Fwd L/cl R, fwd L; Cont circ LF (W RF) twd ptr fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;
7-8 Rk thru L twd RLOD to LOP, rec R to fc ptr in BFLY/WALL, sd L/cl R, sd L; Xrif start LF trn, fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R;
- 9-12 SAND STEPS;;;;
9-10 Using a swivel action on weighted foot toe of L to instep of R, heel of L to instep of R, Xlif of R/sd R, Xlif of R; Using same action toe of R to instep of L, heel of R to instep of L, Xrif of L/sd L, Xrif of L;
11-12 Repeat Meas 9-10 of Part A;;
- 13-16 BASIC;; HAND TO HAND;;
13-14 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;
15-16 Xlib of R, fcg LOD, rec R to fc ptr, sd L/cl R, sd L, XRif of L fc RLOD, rec L to fc ptr, sd R/cl L, sd R;
- 17-21 CUCARACHAS;;(SEE NOTE) TWO SIDE CLOSES; FENCE LINE;;
17-18 Rk sd L, rec R, in place L/RL; rk sd R, rec L, in place R/L,R;
19- In BFLY Sd L, cl R, sd L, cl R;
20-21 Retain BFLY hnd hold XLif of R, rec R, sd L/cl R, sd L; Retain BFLY hand hold XRif of L, rec L, sd R/cl L, sd R;

PART B

- 1-4 PEEK-A-BOO CHASE;;;;
1-2 M fwd L trn 1/4 RF, rec & fwd R cont RF trn, fwd L/cl R, fwd L twd COH (W bk R, rec L & fwd R/cl L, fwd R); Rk sd R look ovr L shdr, rec L in place R/L,R;
3-4 Rk sd L look ovr R shdr, rec R, in place L/R,L; M fwd R trn 1/4 RF, rec & fwd L, cont LF to chase W, fwd R/cl L, fwd R to WALL (W fwd L, rec R, bk L/cl R, bk L);
- 5-8 TRAVELING DOOR;; VINE 2, FACE TO FACE; VINE 2, BACK TO BACK;
5-6 Rk sd L, rec R, Xlif of R/sd R, Xlif of R; Rk sd R, rec L, XRif of L/sd L, XRif of L;
7-8 Sd L, XRif of L, sd R/cl L, sd R trn LF to Bk to Bk pos; Sd R, Xlib of R, sd R/cl L, sd R tmg RF to OP/LOD;
- 9-10 CIRCLE AWAY 2, CHA; TOG 2, CHA;
9-10 Circ away from ptr LF (W RF) Fwd L,Fwd R, fwd L/cl R, fwd L; cont circ twd ptr Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;

END

1-5 ALEMANA;; LARIAT; DISCO POINT& HOLD:

- 1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R (W trn RF undr ld hnds Xlif, fwd R to complete trn to fc ptr, sd L/cl R, sd L);
- 3-4 In place L,R, L/R,L raise ld hnds release trlmg hnds (W circ RF IB of M R,L, R/L,R); In place R,L, R/L,R (W cont RF circ L,R,L/R,L to BFLY/WALL);
- 5- M points R foot twd LOD while pointing L arm downward at an angle towards 8 O'clock and pointing the R arm upward at an angle towards 2 O'clock (W points R foot twd LOD. while pointing L arm upwards at an angle towards 10 O'clock while pointing the R arm downward at an angle towards 4 O'clock);

(NOTE; To add a Disco style to the dance use this hand work during the Cucarachas. During the Rk apt L, rec R, Man point L arm downward at an angle towards 8 O'clock while at the same time pointing the R arm upward at an angle towards 2 O'clock. During the Cha-Cha-Cha Man bring both arms together in front of chest. During the Rk apt R, rec L Man points L arm upward at an angle towards 10 O'clock, while at the same time pointing the R arm downward at an angle towards 4 O'clock, during the Cha-Cha-Cha Man brings both arms together in front of chest. Ladies may also want to try this by pointing the L arm up towards 10 O'clock and the R down towards 4 O'clock and next by pointing the R arm up 2 O'clock and the L arm down towards 8 O'clock. The important thing is to have fun with this dance.)

STAYIN' ALIVE

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363

Record: RSO Top Line RS8009 "Stayin' Alive", Bee Gees

Footwork: Opposite, Except as noted

Time: 3:36

Phase: III+1(Alemana)+1(Disco Point)

Speed: 45-46 rpm

Rhythm: Cha-Cha

Sequence: INTRO AAB AB ENDING

INTRODUCTION

- 1---6 WAIT::CIRCLE AWAY 2,CHA; TOG 2, CHA;SHOULDER TO SHOULDER::
1-2 In "V" BK to BK pos fcg COH wait 2 meas;;
3-4 Circ away from ptr LF (W RF) Fwd L, fwd R, fwd L/cl R, fwd L;Cont circ LF
(W RF) twd ptr fwd R, fwd L, Fwd R/cl L, fwd R to BFLY/WALL;
5-6 Fwd L xif (W R xib), rec R, sd L/cl R, sd L; Fwd R xif (W L xib), rec L, sd R/cl L,
sd R;

PART A

- 1---4 NEW YORKER:(OP/LOD)WALK 2, CHA; SLIDE THE DOOR::
1-2 Rk thru L twd RLOD to LOP, rec R to OP/LOD, fwd L/cl R,fwd L; Fwd R, fwd L,
fwd R/cl L,fwd R;
3-4 Rk apt L, rec R change sides crossing IB W (W Xif of M) XLif/sd R, XLif, to LOP
fcg LOD; Rk apt R, rec L change sides crossing IB W(W Xif of M) XRif/sd L,
XRif, to OP/LOD;
- 5---8 CIRCLE AWAY 2, CHA; TOG 2, CHA;NEW YORKER; SPOT TURN:
5-6 Circ away from ptr LF (W RF) Fwd L, Fwd R, Fwd L/cl R, fwd L; Cont circ LF
(W RF) twd ptr fwd R, fwd L, fwd R/cl L,fwd R to BFLY/WALL;
7-8 Rk thru L twd RLOD to LOP, rec R to fc ptr in BFLY/WALL, sd L/cl R, sd L; Xrif s
start LF trn, fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R;
- 9---12 SAND STEPS:::
9-10 Using a swivel action on weighted foot toe of L to instep of R, heel of L to instep
of R, Xlif of R/sd R, Xlif of R; Using same action toe of R to instep of L, heel of R
to instep of L, Xrif of L/sd L, Xrif of L;
11-12 Repeat Meas 9-10 of Part A;;
- 13---16 BASIC:: HAND TO HAND::
13-14 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;
15-16 Xlib of R, fcg LOD, rec R to fc ptr, sd L/cl R, sd L, XRib of L fc RLOD, rec L to
fc ptr, sd R/cl L, sd R;
- 17---21 CUCARACHAS::(SEE NOTE) TWO SIDE CLOSES; FENCE LINE::
17-18 Rk sd L, rec R, in place L/R,L; rk sd R, rec L, in place R/L,R;
19- In BFLY Sd L, cl R, sd L, cl R;
20-21 Retain BFLY hnd hold XLif of R, rec R, sd L/cl R, sd L; Retain BFLY hand hold
XRif of L, rec L, sd R/cl L, sd R;

PART B

- 1---4 PEEK-A-BOO CHASE:::
1-2 M fwd L trn ¼RF, rec & fwd R cont RF trn, fwd L/cl R,fwd L twd COH (W bk R,
rec L & fwd R/cl L, fwd R); Rk sd R look ovr L shdr, rec L in place R/L,R;
3-4 Rk sd L look ovr R shdr, rec R, in place L/R,L; M fwd R trn ¼RF, rec & fwd L,
cont LF to chase W, fwd R/cl L, fwd R to WALL(W fwd L, rec R, bk L/cl R, bk L);
- 5---8 TRAVELING DOOR:: VINE 2,FACE TO FACE; VINE 2, BACK TO BACK;
5-6 Rk sd L, rec R, Xlif of R/sd R, Xlif of R; Rk sd R, rec L, XRif of L/sd L, XRif of L;

7-8 Sd L, XRib of L, sd R/cl L, sd R trn LF to Bk to Bk pos; Sd R, Xlib of R, sd R/cl L,
sd R trng RF to OP/LOD;

9---10 CIRCLE AWAY 2, CHA; TOG 2, CHA:

9-10 Circ away from ptr LF (W RF) Fwd L, Fwd R, fwd L/cl R, fwd L; cont circ twd ptr
Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;

ENDING

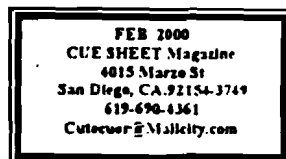
1---5 ALEMANA;;LARIAT; DISCO POINT& HOLD:

1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R(W trn RF undr ld
hnds Xlib, fwd R to complete trn to fc ptr, sd L/cl R, sd L);

3-4 In place L,R, L/R,L raise ld hnds release trng hnds (W circ RF IB of M R,L, R/L,R);
In place R,L, R/L,R(W cont RF circ L,R,L/R,L to BFLY/WALL);

5- M points R foot twd LOD while pointing L arm downward at an angle towards 8 O'clock
and pointing the R arm upward at an angle towards 2 O'clock (W points R foot twd LOD
while pointing L arm upwards at an angle towards 10 O'clock while pointing the R arm
downward at an angle towards 4 O'clock);

(NOTE: To add a Disco style to the dance use this hand work during the Cucarachas. During the Rk apt L, rec R, Man point L arm downward at an angle towards 8 O'clock while at the same time pointing the R arm upward at an angle towards 2 O'clock. During the Cha-Cha-Cha Man bring both arms together in front of chest. During the Rk apt R, rec L Man points L arm upward at an angle towards 10 O'clock, while at the same time pointing the R arm downward at an angle towards 4 O'clock, during the Cha-Cha-Cha Man brings both arms together in front of chest. Ladies may also want to try this by pointing the L arm up towards 10 O'clock and the R down towards 4 O'clock and next by pointing the R arm up 2 O'clock and the L arm down towards 8 O'clock. The important thing is to have fun with this dance.)



STAYIN' ALIVE

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363

Record: RSO Top Line RS8009 "Stayin' Alive", Bee Gees

Footwork: Opposite, Except as noted

Time: 3:36

Phase: III+I(Alemana)+I(Disco Point)

Speed: 45-46 rpm

Rhythm: Cha-Cha

Sequence: INTRO AAB AB ENDING

INTRODUCTION

1--6 WAIT::CIRCLE AWAY 2,CHA: TOG 2, CHA:SHOULDER TO SHOULDER::

1-2 In "V" BK to BK pos fcg COH wait 2 meas;;

3-4 Circ away from ptr LF (W RF) Fwd L, fwd R, fwd L/cl R, fwd L; Cont circ LF (W RF) twd ptr fwd R, fwd L, Fwd R/cl L, fwd R to BFLY/WALL;

5-6 Fwd L xif (W R xib), rec R, sd L/cl R, sd L; Fwd R xif (W L xib), rec L, sd R/cl L, sd R;

PART A

1--4 NEW YORKER:(OP/LOD)WALK 2, CHA: SLIDE THE DOOR::

1-2 Rk thru L twd RLOD to LOP, rec R to OP/LOD, fwd L/cl R, fwd L; Fwd R, fwd L, fwd R/cl L, fwd R;

3-4 Rk apt L, rec R change sides crossing IB W (W Xif of M) XLif/sd R, XLif, to LOP fcg LOD; Rk apt R, rec L change sides crossing IB W(W Xif of M) XRif/sd L, XRif, to OP/LOD;

5--8 CIRCLE AWAY 2, CHA: TOG 2, CHA:NEW YORKER: SPOT TURN:

5-6 Circ away from ptr LF (W RF) Fwd L, Fwd R, Fwd L/cl R, fwd L; Cont circ LF (W RF) twd ptr fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;

7-8 Rk thru L twd RLOD to LOP, rec R to fc ptr in BFLY/WALL, sd L/cl R, sd L; Xrif s start LF tm, fwd L completing LF tm to fc ptr in BFLY, sd R/cl L, sd R;

9--12 SAND STEPS:::

9-10 Using a swivel action on weighted foot toe of L to instep of R, heel of L to instep of R, Xlif of R/sd R, Xlif of R; Using same action toe of R to instep of L, heel of R to instep of L, Xrif of L/sd L, Xrif of L;

11-12 Repeat Meas 9-10 of Part A;;

13--16 BASIC:: HAND TO HAND::

13-14 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;

15-16 Xlib of R, fcg LOD, rec R to fc ptr, sd L/cl R, sd L, XRib of L fc RLOD, rec L to fc ptr, sd R/cl L, sd R;

17--21 CUCARACHAS::(SEE NOTE) TWO SIDE CLOSES: FENCE LINE::

17-18 Rk sd L, rec R, in place L/R,L; rk sd R, rec L, in place R/L,R;

19- In BFLY Sd L, cl R, sd L, cl R;

20-21 Retain BFLY hnd hold XLif of R, rec R, sd L/cl R, sd L; Retain BFLY hand hold XRif of L, rec L, sd R/cl L, sd R;

STAYIN' ALIVE (cont)

PART B

1---4 PEEK-A-BOO CHASE:::

1-2 M fwd L trn ¼ RF, rec & fwd R cont RF trn, fwd L/cl R, fwd L twd COH (W bk R, rec L & fwd R/cl L, fwd R); Rk sd R look ovr L shdr, rec L in place R/L,R;
 3-4 Rk sd L look ovr R shdr, rec R, in place L/R,L; M fwd R trn ¼ RF, rec & fwd L, cont LF to chase W, fwd R/cl L, fwd R to WALL(W fwd L, rec R, bk L/cl R, bk L);

5---8 TRAVELING DOOR:: VINE 2,FACE TO FACE: VINE 2, BACK TO BACK:

5-6 Rk sd L, rec R, Xlif of R/sd R, Xlif of R; Rk sd R, rec L, XRif of L/sd L, XRif of L;
 7-8 Sd L, XRib of L, sd R/cl L, sd R trn LF to Bk to Bk pos; Sd R, Xlib of R, sd R/cl L, sd R trng RF to OP/LOD;

9---10 CIRCLE AWAY 2, CHA: TOG 2, CHA:

9-10 Circ away from ptr LF (W RF) Fwd L,Fwd R, fwd L/cl R, fwd L; cont circ twd ptr Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;

ENDING

1---5 ALEMANA::LARIAT, DISCO POINT& HOLD:

1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R(W trn RF undr ld hnds Xlif, fwd R to complete trn to fc ptr, sd L/cl R, sd L);
 3-4 In place L,R, L/R,L raise ld hnds release trling hnds (W circ RF IB of M R,L, R/L,R); In place R,L, R/L,R(W cont RF circ L,R,L/R,L to BFLY/WALL);
 5- M points R foot twd LOD while pointing L arm downward at an angle towards 8 O'clock and pointing the R arm upward at an angle towards 2 O'clock (W points R foot twd LOD while pointing L arm upwards at an angle towards 10 O'clock while pointing the R arm downward at an angle towards 4 O'clock);

(NOTE: To add a Disco style to the dance use this hand work during the Cucarachas. During the Rk apt L, rec R, Man point L arm downward at an angle towards 8 O'clock while at the same time pointing the R arm upward at an angle towards 2 O'clock. During the Cha-Cha-Cha Man bring both arms together in front of chest. During the Rk apt R, rec L Man points L arm upward at an angle towards 10 O'clock, while at the same time pointing the R arm downward at an angle towards 4 O'clock, during the Cha-Cha-Cha Man brings both arms together in front of chest. Ladies may also want to try this by pointing the L arm up towards 10 O'clock and the R down towards 4 O'clock and next by pointing the R arm up 2 O'clock and the L arm down towards 8 O'clock. The important thing is to have fun with this dance.)