

TEARS ON MY PILLOW

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CD: 2007 Tema International, CD Title "The Ultimate Waltz Collection" (Artist: Tony Evans and His Orchestra) Track 9 "Tears On My Pillow" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 2:20

RHYTHM: Waltz RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A-B-ENDING

MEAS:

INTRODUCTION

1-4 BFLY WALL WAIT 2 MEAS;; SOLO TURN TO CP;;

1-2 Wait in BFLY WALL w/ lead ft free;;

3-4 {Solo Turn to CP} BFLY Fwd L trn away from ptr, sd R cont LF trn, cl L to fc RLOD (W fwd R trn away from ptr, sd L cont RF trn, cl R to fc LOD); Bk R cont LF trn, sd L, cl R to CP WALL (W bk L cont RF trn, sd R, cl L);

PART A

1-4 HOVER TO SCP; THRU CHASSE TO SCP; THRU CHASSE TO BJO; MANEUVER;

1 {Hover to SCP} CP WALL Fwd L, fwd & sd R rise to ball of ft, rec L to tight SCP LOD (W bk R, bk & sd L trn to SCP & rise to ball of ft, rec R);

2 {Thru Chasse to SCP} SCP LOD Fwd R trn to fc, sd L/cl R, sd L to SCP LOD;

3 {Thru Chasse to BJO} SCP LOD Fwd R trn to fc, sd L/cl R, sd L to BJO DLW;

4 {Maneuver} BJO DLW Stg RF trn fwd R, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, cont trn sd R, cl L);

5-8 2 BACK WALTZES;; IMPETUS TO SCP; CHAIR & REC;

5 {Back Waltz} CP RLOD Bk L, bk R, cl L;

6 {Back Waltz} CP RZLOD Bk R, bk L, cl R;

7 {Impetus to SCP} CP RLOD Stg RF upper bdy trn bk L, cl R heel trn, fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, sd & fwd L cont trn arnd M brush R to L, fwd R);

8 {Chair & Rec} SCP DLC Fwd R lun stp (W fwd L lun stp), -, rec L;

9-12 PICKUP; 2 LEFT TURNS FC DLW;; WHISK;

9 {Pickup} SCP DLC Sm fwd R, sd & fwd L, cl R to CP DLC (W fwd L in front of M trn LF, sd & bk R, cl L);

10-11 {2 Left Turns fc DLW} CP DLC Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to CP DLW (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L);

12 {Whisk} CP DLW Fwd L, fwd & sd R stg rise to ball of ft, XLib cont to full rise to ball of ft to tight SCP DLC (W bk R, bk & sd L stg to rise to ball of ft, XRib cont to full rise to ball of ft);

13-16 WING; 2 LEFT TURNS FC WALL;; DIP BACK;

13 {Wing} SCP DLC Fwd R, draw L twd R, tch L to R trn upper bdy LF w/ L sd stretch to SCAR DLC (W fwd L begin to X in frnt of M trn slightly LF, fwd R arnd M cont trn slightly LF, fwd L arnd M cont trn slightly LF to tight SCAR);

14-15 {2 Left Turns fc WALL} SCAR DLC Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L);

16 {Dip Back} CP WALL Dip bk L w/ knee relaxed (W dip fwd R) leave R extended fwd, -, -;

PART B

1-5 MANEUVER; SPIN TURN; BOX FINISH; 2 LEFT TURNS FC WALL;;

1 {Maneuver} CP WALL Stg RF trn fwd R, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, cont trn sd R, cl L);

2 {Spin Turn} CP RLOD Stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leave L leg extended bk & sd, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, bk L toe cont trn brush R to L, fwd R);

3 {Box Finish} CP DLW Bk R trn 1/4 LF, sd L, cl R to CP DLC;

4-5 {2 Left Turns fc WALL} CP DLC Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L);

PART B (cont.)

6-8 BOX TO BFLY;; CANTER;

- 6-7 {**Box to BFLY**} CP WALL Fwd L, sd R, cl L; Bk R, sd L, cl R to BFLY WALL;
- 8 {**Canter**} BFLY WALL Sd L, draw R to L, cl R;

9-12 WALTZ AWAY; THRU TWINKLE; OPEN BOX;;

- 9 {**Waltz Away**} BFLY WALL w/ insd hnds joined fwd L trn away from ptr, sd & fwd R to slight bk to bk, cl L;
- 10 {**Thru Twinkle**} OP LOD Thru R, trn RF sd L, cl R to LOP RLOD (W thru L, trn LF sd R, cl L);
- 11-12 {**Open Box**} LOP RLOD Fwd L, sd R, cl L; Bk R, sd L, cl R;

13-16 OPEN REVERSE BOX;; THRU TWINKLE; THRU FACE CLOSE TO CP;

- 13-14 {**Open Reverse Box**} LOP RLOD Bk L, sd R, cl L; Fwd R, sd L, cl R;
- 15 {**Thru Twinkle**} LOP RLOD Thru L, trn LF sd R, cl L to OP LOD (W thru R, trn RF sd L, cl R);
- 16 {**Thru Face Close to CP**} OP LOD Thru R trn RF (W thru L trn LF), sd L, cl R to CP WALL;

ENDING

1 WHISK

- 1 {**Whisk**} CP WALL Fwd L, fwd & sd R stg rise to ball of ft, XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, bk & sd L stg to rise to ball of ft, XRib cont to full rise to ball of ft);

AB AB

WAIT
SOLO TURN TO CP

WAIT

A HOVER TO SCP
THRU CHASSE TO BJO
2 BACK WALTZES
IMPETUS TO SCP

THRU CHASSE TO SCP
MANEUVER

CHAIR & REC

.....
PICKUP

2 LEFT TURNS FC DLW

WHISK

WING

2 LEFT TURNS FC WALL

DIP BACK

B MANEUVER
BOX FINISH

SPIN TURN
2 LEFT TURNS FC WALL
BOX TO BFLY
CANTER

.....
WALTZ AWAY

THRU TWINKLE

OPEN BOX

OPEN REVERSE BOX

THRU TWINKLE

THRU FACE CLOSE TO CP

END WHISK

R3-12 TEARS ON MY PILLOW (ROSS)
(BFLY WALL LEAD FOOT FREE)
(AFTER 3-2 & R3-11 USE TO TEACH THRU CHASSE TO BJO)