

The Diary

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RECORD: Song Name: The Diary
Artist: Olivato Dancesport Orchestra CD: Latin Great Energy
Download from casa-musica.com Time: 2:41

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)

RHYTHM: Rumba Roundalab PHASE: 4 + 2 (Cuddles, Open Hip Twist) DIFFICULTY: Average

SEQUENCE: Intro, A, B, Int, A, End RELEASED: August 18, 2022

Intro

1 DRW Trailing Feet Free – Lady's Right hand on ptr's chest – Wait through water sounds and pickup notes - Hockeystick Ending :

- (1) DRW lady's R hnd on ptr's chest man's hands loosely at side - rk bk R , rec L , fwd R , - (trn sharply LF fwd L , fwd R trn LF to fc ptr , sd & bk L , -);

Part A

1-4 Open Hip Twist to a Fan ; ; Alemana to Closed ; ;

- (1-2) ck fwd L , rec R , cl L , - (bk R , rec L , fwd R with tension in R arm which causes lady to swivel 1/4 RF on R , -) ; bk R , rec L , sd R , - (fwd L , fwd R trn LF 1/2 , bk L , -) to FAN ;
(3-4) fwd L , rec R , cl L raising lead hands , - (cl R , fwd L , fwd R swivel to fc ptr , -) ; bk R , rec L , sd R , - (comm RF trn under joined ld hnds fwd L , cnt rf trn R , sd L , -) to CP WALL ;

5-8 Start a Cross Body ; Cross Swivel Twice ; Finish the Cross Body to CP COH ; Latin Whisk ;

- (5-6) fwd L , rec R , sd L trn LF , - (bk R , rec L , fwd R staying on R side of ptr , -) ending in an L-Shaped Position ; rk sd R trn body slightly LF , - , rk sd L trn body slightly RF , - (fwd L swivel LF 1/2 , - , fwd R swivel RF 1/2 , -);
(7-8) bk R con LF trn , small fwd L , sd and fwd R , - (fwd L , fwd R trn LF 1/2 , sd and bk L , -) to CP COH ; XLib , rec R , sd L , - ;

9-12 Spot Turn to R/R Handshake; Open Break ; Right Hand Whip ; Break Back to Half Open with a Lady's Headloop ;

- (9-10) thru R trn LF to fc RLOD , fwd L trn to fc ptr R hnds joined , sd R , - ; rk apt L , rec R , sd L , - ;
(11-12) bk R trn 1/4 LF , rec & fwd L trn 1/4 LF , sd R , - (fwd L to ptr's L sd , fwd R trn 1/2 LF , sd L , -) ; swivel sharply LF (RF) on R ft bk L jnd hnds over lady's hd , rec R , fwd L , - to HALF-OP LOD ;

13-15 Open In and Out Runs ; ; Through Recover Close to Cuddle ; [2nd: Rock Through Recover Side to BFLY ;]

- (13-14) fwd R , fwd trn RF in front of ptr L to fc RLOD , trn to fc LOD in L-HALF-OP step fwd R (fwd LOD L , R , L) , - ; fwd LOD L , R , L (fwd R , fwd trn RF in front of ptr to fc RLOD , trn to fc LOD fwd R) , - ;
(15) through R , rec L to fc ptr , cl R to CUDDLE WALL, - ; [2nd: through R , rec L to fc ptr , sd R to BFLY WALL , -]

Part B

1-4 Cuddles 3 Times ; ; To a Fan ;

- (1-2) sd L , rec R , cl L , - (swivel RF up to 1/2 sd R , rec L swivel LF to fc ptr , sd R , -) to CUDDLE ;
sd R , rec L , cl R , - (swivel LF up to 1/2 sd R , rec L swivel LF to fc ptr , sd R , -) to CUDDLE ;
(3-4) sd L , rec R , cl L , - (swivel RF up to 1/2 sd R , rec L swivel LF to fc ptr , sd R , -) to CUDDLE ;
bk R , rec L , sd R end in FAN pos , - (fwd L , trn 1/4 LF sd and bk R , bk L leaving R ft extended , -) ;

5-8 Hockey Stick ; ; Alemana ; ;

- (5-6) fwd L , rec R , cl L , - (cl R , fwd L , fwd R , -) ; bk R , rec L , fwd R , - (fwd L , fwd R trn LF to fc ptr , sd & bk L , -) ;
(7-8) fwd L , rec R , sd L raising lead hands , - (bk R , rec L , sd R , -) ; bk R , rec L , cl R , -
(comm RF trn under jnd ld hnds fwd L , cnt rf trn R , sd L to L sd of ptr , -) ;

9-12 Lariat Half Man Turn to Face ; Fence Line With Arms and Point ; Spot Turn to a R/R Handshake ; Open Break ;

- (9-10) in plc L , R , L with shrp LF trn to fc ptr , - (circ RF around ptr R , L , R to fc ptr , -) to COH;
XRif , rec L to fc ptr , pt R , - ;
(11-12) thru R trn LF to fc RLOD , fwd L trn to fc ptr R hnds joined , sd R , - ; rk apt L , rec R , sd L , - ;

13-15 Right Hand Whip ; Flirt to a Fan ; ;

- (13-14) bk R trn 1/4 LF , rec & fwd L trn 1/4 LF , sd R , - (fwd L to ptr's L sd , fwd R trn 1/2 LF , sd L , -) ; fwd L , rec R , sd L , - (bk R , fwd L , fwd R trn LF to VARS , -) ;
(11) bk R , rec L , sd R , - (bk L , rec R , trn RF bk L to end in FAN , -) ;

Inter

1-2 Hockeystick ; ;

- (9-10) fwd L , Rec R , cl L , - (cl R , fwd L , fwd R , -) ; bk R , rec L , fwd R , - (fwd L , fwd R trn LF to fc ptr , sd & bk L , -) ;

End

1-4 Half Basic ; Underarm Turn to a Lady's Tamara ; Wheel 3 ; Wheel and Wrap ;

(1-2) fwd L , rec R , sd L , - ; raising jnd ld hnds bk R , rec L , sd R , - (swivel 1/4 RF on ball of supporting foot fwd L trn 1/2 RF , rec R trn 1/4 RF to fc ptr , sd L , -) to Lady's TAMARA ;

(3-4) comm RF trn fwd L , fwd R , fwd L , - to fc COH ; comm RF trn fwd R , fwd L , fwd R , - (comm LF one full trn R , L , R , -) to WRP pos WALL

5-8 Wheel to Face COH ; Wheel and Unwrap to BFLY WALL ; Cucaracha in 4 ; Reverse Underarm Turn ;

(5-6) comm RF trn fwd L , fwd R , fwd L , - (bk R , bk L , bk R , -) to fc COH ; comm RF trn fwd L , fwd R , fwd L , - (comm trn RF unwrapping one full trn R , L , R , -) to BFLY WALL ;

(7-8) sd L , rec R , cl L , - ; XLif , rec R to fc ptr , sd L , - (swiveling 1/4 LF on ball of supporting foot fwd R trn LF 1/2 , trn 1/4 LF to fc ptr , sd R , -) ;

9-12 Spot Turn to Bolero BJO ; Bolero Wheel in 6 Even Counts to Cuddle WALL ; , , Cuddle Corte and Leg Crawl , ,

(5-6) thru R trn LF to fc RLOD , fwd L trn to fc ptr in BFLY , sd R to BOLERO BJO , - ; comm RF trn fwd L , fwd R , fwd L , fwd R ;

(7-8) fwd L , fwd R to CUDDLE WALL , bk and sd L lowering with supporting leg relaxed , - (lift L leg against ptr's outer thigh) ;

The Diary (Head Cues)

Rumba Phase 4 + 2 (Cuddles, Open Hip Twist)

Intro (1) DRW Trailing Foot Free For Both – Lady's Right Hand on ptr's chest – Wait Through Water Sounds and Pickup Notes – Hockeystick Ending ;

A (15) Open Hip Twist to a Fan ; ; Alemana to CP ; ; Start a Cross Body ; Cross Swivel Twice ; Finish the Cross Body ; Latin Whisk ; Spot Turn to Handshake ; Open Break ; Right Hand Whip ; Break Back to Half Open with a Lady's Headloop ; Open In and Out Runs ; ; Rock Through Recover Close to Cuddle ;

B (15) Cuddles 3 Times ; ; ; To a Fan ; Hockey Stick ; ; Alemana ; ; Lariat Half Man Turn to Face ; Fence Line with Arms and Point ; Spot Turn to a Handshake ; Open Break ; Right Hand Whip ; Flirt to a Fan ; ;

Inter: (2) Hockeystick ; ;

A (15) Open Hip Twist to a Fan ; ; Alemana to CP ; ; Start a Cross Body ; Cross Swivel Twice ; Finish the Cross Body ; Latin Whisk ; Spot Turn to Handshake ; Open Break ; Right Hand Whip ; Break Back to Half Open with a Lady's Headloop ; Open In and Out Runs ; ; Rock Through Recover Side to BFLY ;

End (10) Half Basic ; Underarm Turn to a Lady's Tamara ; Wheel 3 ; Wheel and Wrap ; Wheel to face COH ; Wheel and Unwrap to BFLY WALL ; Cucaracha in 4 ; Reverse Underarm Turn ; Spot Turn to Bolero BJO ; Bolero Wheel In 6 Even Counts to Cuddle WALL ; Cuddle Corte and Leg Crawl ;