

The Flower

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 Music: The Flower That Shattered the Stone by John Denver, CD: Calypso, trk 2, download time 2:55
 Rhythm: Waltz Phase III + 2 (diam trn, telemk scp) Speed: 39 rpm or adjust for comfort
 Footwork: Opposite unless indicated (W's footwork in parentheses) Difficulty: Average
 Timing: 123 unless otherwise indicated, reflects actual weight changes Released: 1/26/16, revision 4/4/16
 Sequence: Intro AB AB End

Intro (10 meas)

1-10 Wait;; Sway Left; Sway Rt; Roll 3; PU Sd Cl; Diam Trn;;;:

- 1-2 Fcg WALL & ptr with no hands joined and lead feet free wait 2 meas;;
- 3-5 Sd L, -, - ; Sd R, -, - ; Roll LF (*W RF*) L, R, L to opn LOD;
- 6 {P/U sd cl} Thru R leading W to trn LF, sd & fwd L to cp, cl R LOD (*thru L trng LF to end fcg RLOD*);
- 7-10 {Diam trn} Fwd L trng LF, sd & bk R, bk L to bjo DRC; staying in bjo bk R trng LF, sd & fwd L, fwd R DRW; fwd L to CP trng LF, sd & bk R, bk L to DLW ; bk R trng LF, sd & fwd L, fwd R end bjo DLC;

Part A (17 meas)

1-17 2 Left Trns;; Hover; Thru Fc Cl; Solo Trn 6;; Twsty Bal Left & Rt;; Wltz Away; Both Roll Across to LOP LOD; Thru Twinkl; Thru Fc Cl; Wltz Away [to Rev]; Both Roll Across to LOP RLOD; Thru Twinkl; Thru Fc Cl; Canter;

- 1-2 {2 L trns} Blending to cp fwd L trng LF, cont LF trn sd R, cl L; Bk R trng LF, cont LF trn sd L, cl R cp WALL;
- 3-4 {Hov} Fwd L, fwd & sd R with rise, sd & fwd L scp LOD; {Thru fc cl} Thru R, sd L to fc partner, cl R cp WALL;
- 5-6 {Solo trn 6} Fwd L comm LF trn away from ptr, cont trn sd R, cl L to complete $\frac{3}{4}$ trn fcg RLOD; bk R comm LF trn, cont trn sd L to bfly WALL, cl R;
- 7-8 {Twsty bal L & R} Sd L, XRib, rec L; sd R, XLib, rec R;
- 9 {Waltz Away} Releasing lead hands fwd L turning away from partner, sd & fwd R, cl L;
- 10 {Both roll across} Rolling RF (*LF*) across line of progression in frnt of W R, L, R to LOP LOD;
- 11-12 {Thru twinkl} Thru L comm trn to fc ptr, sd R, cl L; {Thru fc cl} Thru R, sd L to fc partner, cl R bfly COH;
- 13-16 {Waltz Away} Releasing lead hnds fwd L twds RLOD, sd & fwd R, cl L; {Both roll across} Rolling RF (*LF*) across line of progression in frnt of W R, L, R to lop RLOD; {Thru twinkl} Thru L comm trn to fc ptr, sd R, cl L; thru R, sd L to fc partner, cl R bfly WALL;
- 17 {Canter} Sd L, draw R, cl L;

Part B (23 meas)

1-23 Wltz Away; PU Sd Cl; Telemk SCP; Hov Fall; Slip Pvt BJO; Manuv Sd Cl; Spin Trn; Box Fin; Fwd Wltz; Drift Apt; Thru Twinkl Twice CP LOD;; Canter SCAR; Cross Hover BJO; Cross Hover SCAR; Cross Hover SCP; Thru Hover BJO; Bk Hover SCP; PU Sd Cl; Diam Trn;;;:

- 1 {Waltz Away} Releasing lead hands fwd L turning away from partner, sd & fwd R, cl L;
- 2 {P/U sd cl} Thru R leading W to trn LF, sd & fwd L to cp, cl R LOD (*thru L trng LF to end fcg RLOD*);
- 3 {Telemk scp} Fwd L comm LF trn, pivot 1/2 LF sd & fwd R around W brush L to R, fwd L to scp DLW (*W bk R comm LF trn, cl L to R [heel trn] cont LF trn, sd & slightly fwd R*);
- 4 {Hvr Fall} Fwd R twd DLW, fwd L rising brush R to L, rec R;
- 5 {Slip pvt bjo} In scp bk L, bk R trng LF, fwd L to bjo LOD (*W in scp bk R comm LF trn, fwd L comp LF trn to bjo, bk R fcg DRC*);
- 6 {Manuv} Fwd R comm. RF upper body turn, cont RF turn to fc partner sd L, cl R end fcg RLOD;
- 7-8 {Spin trn} Bk L pvt, fwd R rise, sd & bk to cp DLW (*fwd R pvt, bk L rise brush, sd & fwd L*); bk R, sd L trng sltly LF to fc LOD, cl R;
- 9-10 {Fwd wltz} Fwd L, fwd and slightly sd R, cl L; {Drift apt} fwd R leading W to drift apt & hold lead hands, in plc L, cl R;
- 11-12 {Thru twinkl twice} Releasing trailing hnds thru L comm trn to fc ptr, sd R, cl L; thru R comm trn to fc ptr, sd L, cl L to cp LOD;
- 13 {Canter} Sd L trng sltly rt, draw R to L, cl R ending in scar DLW;
- 14 {X hvr bjo} XLif, sd R w/ rise trng slightly LF, rec L to bjo DLC (*W XRib, sd L trng sltly LF with rise, rec R*);
- 15 {X hov scar} XRif, sd L w/ rise trng slightly RF, rec R to scar DLW (*W XLib, sd R w/ rise, rec L*);
- 16 {X hvr scp} XLif, sd R w/ rise trng slightly LF, rec L to scp DLC (*W XRib, sd L trng sltly LF with rise, rec R*);
- 17 {Thru hvr bjo} Thru R twd LOD, fwd L rising brush R to L (*W fwd R trn LF rising brush L to R to bjo fcg DRC*), rec R;
- 18 Bk hvr scp} Bk L, bk R rising brush L to R (*W fwd L trn RF rising brush R to L to scp LOD*), fwd L to scp LOD;
- 19 {P/U sd cl} Thru R leading W to trn LF, sd & fwd L to cp, cl R LOD (*thru L trng LF to end fcg RLOD*);
- 20-23 {Diam trn} Fwd L trng LF, sd & bk R, bk L to bjo DRC; staying in bjo bk R trng LF, sd & fwd L, fwd R DRW; fwd L to CP trng LF, sd & bk R, bk L to DLW ; bk R trng LF, sd & fwd L, fwd R end bjo DLC; [2nd time thru end in scar DLW]

End (13 meas)

1-13 Cross Hover BJO; Cross Hover SCAR; Cross Hover SCP; Thru Fc Cl; Left Trng Box;;; Sway Left; Sway Rt; Roll 3; Thru Fc Cl; Slo Dip Bk & Twst;

- 1-3 Repeat Part B meas 14-16 scp LOD;;;
 4 {Thru fc cl} Thru R, sd L to fc partner, cl R cp WALL;
 5-8 {L trng box} Fwd L trng LF, sd R, cl L to fc LOD; bk R trng LF, sd L, cl R COH; fwd L trng LF, sd R, cl L RLOD; bk R trng LF, sd L, cl R cp WALL;
 9-12 Sd L, -, -; sd R, -, -; Roll LF (*W RF*) L, R, L to scp LOD; {Thru fc cl} repeat meas 4;
 13 {Dip & twst} Bk L slowly -, slowly twst upper body sltly LF;

Quick Cues: (Fcg wall & ptr with no hands jnd lead feet free 2 meas wait)

- Intro Wait;; Sway Left; Sway Rt; Roll 3; P/U Sd Cl; Diam Trn;;;
- A 2 Left Trns;; Hov; Thru Fc Cl; Solo Trn 6;; Twsty Bal Left & Rt;; Wltz Away; Both Roll Across LOP LOD; Thru Twinkl; Thru Fc Cl; Wltz Away (to Rev); Both Roll Across LOP Opn RLOD; Thru Twinkl; Thru Fc Cl; Canter;
- B Wltz Away; P/U; Telemk SCP; Hov Fall; Slip Pvt Bjo; Manv; Spin Trn; Box Fin; Fwd Wltz; Drift Apt; Twinkl Out; Twinkl To Cl; Canter (SCAR); X-Hov (Bjo); X-Hov; X-Hov (SCP); Thru Hov Bjo; Bk Hov SCP; P/U; Diam Trn;;;
- A 2 Left Trns;; Hov; Thru Fc Cl; Solo Trn 6;; Twsty Bal Left & Rt;; Wltz Away; Both Roll Across LOP LOD; Thru Twinkl; Thru Fc Cl; Wltz Away (to Rev); Both Roll Across LOP Opn RLOD; Thru Twinkl; Thru Fc Cl; Canter;
- B Wltz Away; P/U; Telemk SCP; Hov Fall; Slip Pvt Bjo; Manv; Spin Trn; Box Fin; Fwd Wltz; Drift Apt; Twinkl Out; Twinkl To Cl; Canter (SCAR); X-Hov (Bjo); X-Hov; X-Hov (SCP); Thru Hov Bjo; Bk Hov SCP; P/U; Diam Trn (SCAR);;;
- End X-Hov (Bjo); X-Hov; X-Hov (SCP); Thru Fc Cl; Left Trng Box;;; Sway Left; Sway Rt; Roll 3; Thru Fc Cl; Slo Dip Bk & Twst;