

# THEME FROM SUPERMAN

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**MUSIC:** “Can You Read My Mind” by Maureen McGovern Time: 3:20  
From Maureen McGovern Greatest Hits download Amazon.com  
**RHYTHM:** BOLERO RAL PHASE 4+2 [spiral, horseshoe trn] +2 U [sunburst,  
caressing brk]  
**FOOTWORK:** Opposite unless otherwise indicated  
**SEQUENCE:** INTRO A A BRIDGE B END  
**SPEED:** Speeded 9%, adjust for comfort Released: May, 2016

## INTRO

- 1-4 WAIT;; SUNBURST; U/A TRN;  
- 1-2 fcg ptr WALL both hnds jnd lead foot free wait;;  
3 [SUNBURST] Extend both arms up looking up,-, sweep arms out and  
down,-;  
4 [ U/A TRN] sd L,-, XRIF of L leading W to trn RF undr  
jnd lead hnds, rec L (W sd R,-, XLIF of R comm RF  
trn undr jnd lead hnds, rec fwd & sd R to fc ptr COH) jn trail hnds;

## PART A

- 1-4 FENCE LINE W/ARMS X 2;; NYR; AIDA PREP W/SPIRAL ENDG;  
1-2 [FENCE LINE W/ARMS] sd R sweeping arms up & over,-,XLIF of R , bk  
R to fc; sd L sweeping trailing arms up & over,-, XRIF of L bk L to fc;  
3 [NYR] sd R w/rise,-, thru L to RLOD, bk R to fc;  
4 [AIDA PREP W/SPIRAL ENDG] sd L join trail hnds,-, thru R, sd L  
spiraling RF on L (W sd R,-, thru L, sd R spiraling LF on R);  
NB: spiral option—leave out the spiral, do aida prep thru to rumba aida;  
5-8 RUMBA AIDA; SLOW HIP RKS; SWVL TO FC FOR U/A TRN; LUNGE BRK;  
5 [RUMBA AIDA] fwd R, sd & bk L trng RF to fc RLOD, bk R to “V” bk to  
bk pos,-(W fwd L, sd & bk R trng LF to fc RLOD, bk L to “V” bk to bk  
pos,-);  
6-7 [SLOW HIP RKS] rk fwd L,-, rk bk R,-;  
8 [SWVL TO FC FOR U/A TRN] swvl LF on L to fc ptr,-, XRIF of L  
leading W to trn RF undr jnd lead hnds, rec L (W swvl RF on R to fc ptr,-,  
XLIF of R comm RF trn undr jnd lead hnds, rec fwd & sd R to fc ptr);  
[LUNGE BRK] sd R,-, lower on R extending L leg bk & sd, rise on R (W sd  
L,-, bk R, rec L);  
9-12 CARESSING BRK; CROSS BODY; REV U/A TRN; CORTE W/HIP RKS;  
9 [CARESSING BRK] fwd L/fwd R caressing W’s L fc with R hnd,-, bk L,  
bk R (W fwd R/fwd L caressing M’s R face with L hnd,-, bk R, bk L);  
[CROSS BODY] sd & bk L trng LF,-, bk R w/slipping action, fwd L (W sd  
& fwd R,-, fwd L Xing in frnt of M trng LF, sm step sd R to fc WALL) end  
fcg ptr COH with trail foot free;  
10-11 [REV U/A TRN] sd R leadg W to trn LF undr jnd lead hnds,-, XLIF of R,  
rec R (W sd L,-, XRIF of L trng LF undr jnd lead hnds, rec L to fc ptr);  
12 [CORTE W/HIP RKS]blending to CP bk L w/R leg extended fwd,-, rk fwd  
R, rk bk L (W fwd R w/ L leg exted bk,-, rk bk L, rk fwd R);

**PART A (CONT)**

**13-16 FWD BRK; TURNING BASIC; HIP LIFT TWICE;;**

- 13 [FWD BRK] in CP fcg COH sd & fwd R w/ bdy rise ,-, fwd L w/contra ck action, bk R (W sd & bk L w/bdy rise,-, bk R w/contra ck action, fwd L);
- 14 [TRNG BASIC] CP fcg COH sd L,-, bk R trng 1/4 LF w/slip pivot action, sd & fwd L trng 1/4 LF (W sd R,-, fwd L trng 1/4 LF w/slip pivot action, sd & bk R trng 1/4 LF) end fcg ptr WALL;
- 15-16 [HIP LIFT TWICE] sd R,-, tch L to R no weight and straighten L leg to raise L hip, bend L knee; sd L,-, tch R to L no weight and straighten R leg to raise R hip, bend L knee;

**REPEAT PART A**

**BRIDGE**

**1-4 REV U/A TRN; U/A TRN; LUNGE BRK; R PASS;**

- 1 [REV U/A TRN] sd R leading W to trn LF undr jnd lead hnds,-, XLIF of R, rec R (W sd L,-, XRIF of L trng LF undr jnd lead hnds, rec L to fc ptr;
- 2 [U/A TRN] fcg ptr WALL sd L, XRIB of L leading W to trn RF undr jnd lead hnds, rec L (W sd R,-, XLIF of R comm RF trn undr jnd lead hnds, rec R);
- 3 [LUNGE BRK] sd & fwd R w/bdy rise to L open fcg pos,-, comm sl LF bdy trn sd & bk L, rec R (W sd & bk L w/bdy rise to L open fcg pos,-, bk R w/contra ck action, rec fwd L);
- 4 [R PASS] fwd & sd L comm RF trn raising lead hnds to lead W to cross in frnt of M,-, XRIB of L cont RF trn leading W to trn undr jnd hnds, fwd L (W fwd R,-, fwd L comm LF trn in frnt of M, cont LF trn undr raised lead hnds bk R to fc ptr) end fcg COH trail ft free;

**PART B**

**1-4 HORSESHOE TRN;; NYR; SPOT TRN;**

- 1-2 [HORSESHOE TRN] sd & fwd R trng RF to LOP LOD,-, ck fwd L, rec R (W sd & fwd L trng LF to LOP LOD,-, ck fwd R, rec L);  
fwd L DC curving LF,-, fwd R cont curving LF to chng sds undr lead hnds, sd & fwd L (W fwd R comm RF trn,-, fwd L curving undr jnd lead hnds, sd & fwd R) end fcg ptr WALL;
- 3 [NYR] sd R w/rise,-, thru L to fc RLOD, bk R to fc ptr;
- 4 [SPOT TRN] sd L trng sl LF,-, thru R trng LF to fc RLOD, fwd L trng LF to fc ptr jn both hnds;

**5-8 DBLE HND HOLD OPENING OUT; SLOW SPIRAL TO WRAP; BOL WLK; UNWRAP TO FC;**

- 5 [DBL HND HOLD OPENING OUT] both hnds jnd sd & fwd R w/rise,-, lower & extend L to the side, rise drawing L leg up (W sd & bk L w/rise,-, XRIB of L lowering, fwd L to fc ptr);
- 6 [SLOW SPIRAL TO WRAP] both hnds joined take weight on L leading W to spiral LF to wrapped position,-,hold,- (W taking weight on R slow spiral LF,-, cont LF spiral to wrap position,-) end wrapped pos both fcg LOD with trail ft free;
- 7 [BOL WLK] in wrapped pos fwd R,-, fwd L, fwd R;
- 8 [UNWRAP TO FC] fwd & sd L raising jnd lead hnds to lead W to trn RF underlead hnds,-, XRIF of L, rec L (W fwd R comm RF trn under jnd lead hnds,-, sd & fwd L cont RF trn, sd R to fc ptr) to fc ptr WALL trail ft free;

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END

- 1-4 AIDA; AIDA LINE SWITCH LUNGE; AIDA; AIDA LINE WITH HIP RKS;  
1 [AIDA] sd R jning lead hnds,-, thru L, sd R trng sl LF;  
2 [AIDA LINE SWITCH LUNGE] bk L to "V" bk to bk pos,-, swivel RF on L  
ft to fc ptr sd R with lunging action,-;  
2 [AIDA] rec sd L joining trail hnds,-, thru R, sd L trng RF to LOP RLOD;  
4 [AIDA LINE W/HIP RKS] bk R to "V" bk to bk pos,-, rk fwd L, rk bk R;
- 5-8 SWVL TO FC FOR U/A TRN; DBL HND HOLD OPENING OUT X 3;;;:  
5 [SWVL TO FC FOR U/A TRN] fwd L swvling LF on L to fc ptr,-, raising  
jnd lead hnds XRIF of L to lead W to trn RF undr lead hnds, rec L  
6-8 [DBLE HND HOLD OPENING OUT X 3] REPEAT MEAS 5 PART B;  
Sd & fwd L w/rise,-, lower & extend R to the side, rise drawing L leg up  
(W sd & bk R w/rise,-, XLIB or R lowering, fwd R to fc ptr);  
REPEAT MEASURE 5 PART B;
- 9-13 SLOW SPIRAL TO WRAP; BOL WLK TO FC; SUNBURST; U/A TRN;  
REV U/A TRN TO CUDDLE WRAP & SLOWLY LOOK AT PTR;  
9 [SLOW SPIRAL TO WRAP] REPEAT MEAS 6 PART B;  
10 [BOL WLK TO FC] REPEAT MEAS 7 PART B to fc ptr;  
11 [SUNBURST] join both hnds REPEAT MEAS 3 INTRO;  
12 [U/A TRN] REPEAT MEAS 4 INTRO;  
13 [ REV U/A TRN TO CUDDLE WRAP & LOOK AT PTR] REPEAT MEAS  
1 of BRIDGE to end in wrapped pos & slowly look at ptr;