

WITHOUT A SONG

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CHOREO: Lloyd & Ruth McKenrick, 13151 SE 120th Street, Ocklawaha, FL 32179
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MUSIC: Without a Song ARTIST: Ross Mitchell
ALBUM: All Night Long TRACK #5 TIME 2:18
Download available at iTunes.com
[Without a Song \(Slow Foxtrot / 30 BPM\) - YouTube](#)
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)
RHYTHM: FOXTROT/JIVE PHASE: IV
SPEED: 45 RPM DIFFICULTY: Average
SEQUENCE: **INTRO A B C B C ENDING**

INTRODUCTION

1-4 **2 MEAS WAIT;; FWD RUN 2; PU RUN 2;**
[1-2] SCP, fc LOD, Lead ft free, **Wait 2 Meas;;**
[3] **FWD RUN 2** - fwd L,-, fwd R, fwd L;
[4] **PU RUN 2** - fwd R,-, ldg W in frnt fwd L, fwd R;

PART A

1-4 **2 L TRNS to LINE;; FWD RUN 2; MANUV;**
[1-2] **2 L TRNS to LOD** - fwd L,-, trng LF ½ bk R, cl L; bk R,-, trng LF up to ½ fwd L, cl R;
[3] **FWD RUN 2** - fwd L,-, fwd R, fwd L;
[4] **MANUV** - fwd R,-, trng RF in frnt of W sd L, cl R to CP;
5-8 **OVR SPIN TRN; BK & CHASSE SEMI; IN & OUT RUNS;;**
[5] **OVR SPIN TRN** - bk L pvtg RF 3/4,-, fwd R w/rise, sd & bk L;
[6] **BK & CHASSE SEMI** - bk R,-, sd L/cl R, sd & fwd L to SCP;
[7-8] **IN & OUT RUNS** - fwd R trng RF,-, sd & bk L, bk R to BJO; bk L trng RF,-, sd & fwd R (W sd & fwd L arnd M), fwd L in tight SCP;
9-12 **OP NAT; BK TWST VINE 8;; CL IMP;**
[9] **OP NAT** - fwd R trng RF,-, sd & bk L (W heel trn), bk R to BJO;
[10-11] **BK TWST VINE 8** - bk L trng RF, sd R cont trn, XLIF begin LF trn, sd R cont trng LF to BJO RLOD; REPEAT;
[12] **CL IMP** - bk L trng RF,-, cl R w/heel trn (W sd & fwd arnd M), sd & bk L in CP;
13-16 **FTHR FIN; TRN L&R CHASSE; OP IMP; THRU FC CL;**
[13] **FTHR FIN** - bk R trng LF,-, sd & fwd L, fwd R outsd W to CBMP;
[14] **TRN L&R CHASSE** - trng LF fwd L,-, sd R cont trn, cl L, sd R endg BJO;
[15] **OP IMP** - bk L trng RF,-, cl R w/heel trn (W sd & fwd L arnd M), fwd L in tight SCP;
[16] **THRU FC CL** - thru R,-, sd L fcg ptr, cl R;

PART B

1-4 **[JV] CHASSE L&R; CHG R to L,,; CHG HNDS BHD BK,,;**
[1] **CHASSE L&R** - sd L/cl R, sd L, sd R/cl L, sd R;
[2-4] **CHG R to L** - rk bk L to SCP, rec R, sd L/cl R, sd L trng LF ¼ (W trns RF undr jnd ld hnds) to LOP_FCG, sd R/cl L, sd R, **CHG HNDS BHD BK** - rk apt L, rec R, chg hnds to M's R W's R fwd L/cl R, fwd L chgg hnds to M's L W's R bhd bk, bgn LF trn fwd & sd R, cont LF trn cl L, sd & bk R to fc ptr,

5-8 CHG HNDS BHD BK,,,; CHG L to R,,,; RK REC PU in 2;

[5-7] **CHG HNDS BHD BK** - rk apt L, rec R, chg hnds to M's R W's R fwd L/cl R, fwd L chgg hnds to M's L W's R bhd bk, bgn LF trn fwd & sd R, cont LF trn cl L, sd & bk R to fc ptr, **CHG L to R** - rk apt L, rec R trng RF ¼ (W trns LF undr jnd ld hnds), sd L/cl R, sd L; sd R/cl L, sd R,

[8] **RK REC PU in 2** - rk bk L, rec R, fwd L, fwd R ldg W to CP LOD;

PART C**1-4 [FT] DIAM TRN;,,,;**

[1-4] **DIAM TRN** - fwd L,-, sd R trng LF, bk L; bk R,-, sd L trng LF, fwd R; repeat last 2 meas;;

5-8 TRN L&R CHASSE; BK BK/LK BK; OP IMP; SLO SD LK;

[5] **TRN L&R CHASSE** - trng LF fwd L,-, sd R cont trn, cl L, sd R endg BJO;

[6] **BK BK/LK BK** - bk L, bk R, lk LIF, bk R;

[7] **OP IMP** - bk L trng RF,-, cl R w/heel trn (W sd & fwd L arnd M), fwd L in tight SCP;

[8] **SLO SD LK** - thru R,-, fwd & sd L ldg W in frnt of M, lk RIB (W lk LIF) in CP DLC;

9-12 REV FALWY; SLIP & CHASSE to BJO; FWD FWD/LK FWD; FWD FC CL;

[9] **REV FALWY** - fwd L trng LF,-, sd R, XL in bk of R (W bk R trng LF,-, sd L, XR in bk of L) to SCP;

[10] **SLIP & CHASSE BJO** - bk R, trng LF (W trng LF fwd L to cl pos) sd L/cl R, fwd L to BJO;

[11] **FWD FWD /LK FWD** - fwd R,-, fwd L/lk RIB, fwd L;

[12] **FWD FC CL** - fwd R,-, fwd L fc ptr, cl R;

13-16 WHISK; WING; X HVR to SEMI; THRU FC CL;

[13] **WHISK** - fwd L,-, sd & fwd R w/rise, XLIB;

[14] **WING** - fwd R leading W in frnt to SCAR LOD,-, draw L, tch L (W fwd L crvng LF,-, fwd R crvng LF, fwd L to SCAR);

[15] **X HVR to SEMI** - fwd L,-, sd & fwd R w/rise, fwd & sd L trng to SCP;

[16] **THRU FC CL** - thru R,-, sd L fcg ptr, cl R;

REPEAT PART B**REPEAT PART C MEAS 1 THRU 12****ENDING****1-4 HVR; FWD HVR BJO; BK HVR SEMI; CHAIR, REC, CHAIR, TILT;**

[1] **HVR** - fwd L,-, sd & fwd R w/rise, sd & fwd L to SCP;

[2] **FWD HVR to BJO** - fwd L,-, sd & fwd R w/rise, rec L to BJO;

[3] **BK HVR to SEMI** - bk L,-, sd & bk R w/rise, rec L (W fwd R,-,sd & fwd L w/rise trng RF, fwd R) to SCP;

[4] **CHAIR, REC, CHAIR, TILT** - fwd R bending knee, rec L, fwd R bending knee, flexing both knees while leaning upper body bk;

QUICK CUES

INTRO: SCP, fc LOD, LEAD FT FREE
WAIT 2 MEAS;; FWD RUN 2; PU RUN 2;

PART A: 2 L TRNS to LINE;; FWD RUN 2; MANUV;
OVR SPIN TRN; BK & CHASSE SEMI; IN & OUT RUNS;;
OP NAT; BK TWST VINE 8;; CL IMP;
FTHR FIN; TRN L&R CHASSE; OP IMP; THRU FC CL;

PART B: [JV] CHASSE L&R; CHG R to L,,; CHG HNDS BHD BK,,;
CHG HNDS BHD BK,,; CHG L to R,,; RK REC PU in 2;

PART C: [FT] DIAM TRN;;;;
TRN L&R CHASSE; BK BK/LK BK; OP IMP; SLO SD LK;
REV FALWY; SLIP & CHASSE BJO; FWD FWD/LK FWD; FWD FC CL;
WHISK; WING; X HVR SEMI; THRU FC CL;

PART B: [JV] CHASSE L&R; CHG R to L,,; CHG HNDS BHD BK,,;
CHG HNDS BHD BK,,; CHG L to R,,; RK REC PU in 2;

PART C-MOD: [FT] DIAM TRN;;;;
TRN L&R CHASSE; BK BK/LK BK; OP IMP; SLO SD LK;
REV FALWY; SLIP & CHASSE BJO; FWD FWD/LK FWD; FWD FC CL;

END: HVR; FWD HVR BJO; BK HVR SEMI; CHAIR, REC, CHAIR, TILT;