

WHAT TO DO

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 Music: CD "Ultimate Ballroom Album 3" WRD2CD-5023
 Rhythm/Phase: Waltz/IV+1 (Natural Hover Cross) Footwork: For Man (Woman's
 footwork in parenthesis, if different)
 Sequence: Intro, A, A (1-8), B, A(1-8), C, End

INTRO

- 1-4 WAIT 2 ; ; SPIRAL TOGETHER ; BOX FINISH ;**
- 1-2 [Wait 2] Fcg DW, lead hands joined, lead feet free, wait 2 measures;;
 1-- 3 [Spiral Together] Sd & fwd L trng RF ¼, lightly gather W into loose
 closed position, hold (W fwd & sd R curving twd M, raise R arm into
 dance position, relax); *Note: The man is inviting the lady to dance
 with him. Don't grab her, gently gather her to you.*
 123 4 [Box Finish] Bk & sd R trng strongly LF, sd L cont trn to fc DC, cl R to
 L finish gathering lady into CP;

PART A

- 1-8 DIAMOND TURN ; ; ; 2 VIENNESE TURNS ; ; FORWARD WALTZ ;
 MANEUVER ;**
- 123x4 1-4 [Diamond Turn] Fwd L trng ¼ LF, sd R, slight RF body turn to place
 W in CBJO position bk L; Bk R trng ¼ LF, sd L, fwd R twd DRW;
 Repeat for remaining two sides of diamond figure;; *Note: Lady is
 placed in tight BJO position between steps 2 & 3 and remains there
 throughout the balance of the figure. All steps are passing steps. A
 Diamond Turn should be as close to a perfect square as possible, so
 be very definite in following your diagonals. Float your diamond
 turns, don't step your way through them.*
 123;123 5-6 [2 Viennese Turns] Fwd L trng LF, sd R cont LF trn to CP, cross L
 loosely IFR (W bk R starting LF trn, sd L cont trn to CP, cl R to L); bk
 R starting LF trn, sd L cont trn to CP, cl R to L (W fwd L trng LF, sd R
 cont LF trn to CP, cross L loosely IFR); *Note: 1 full turn in 2
 measures.*
 123 7 [Forward Waltz] Fwd L, fwd & sd R, cl L;
 123 8 [Maneuver] Fwd R comm. RF upper body trn ½, cont RF trn small sd
 L, cl R to L;
**9-16 SPIN TURN ; OPEN FINISH ; OPEN REVERSE TURN ; ; CHANGE
 DIRECTION ; TELEMAR to SCP ; NATURAL HOVER CROSS ; ;**
- 123 9 [Spin Turn] comm. RF upper body trn bk L pivoting ½ RF, fwd R
 between lady's feet cont trn 1/8 to fc DW leave L back, rec bk L;
 123 10 [Open Finish] Bk R, trng LF sd & fwd L, fwd R to tight CBJO position
 fcg DC; *Note: In Foxtrot we would call this a Feather Finish, in Waltz
 parlance it is an Open Finish.*
 123 11-12 [Open Reverse Turn] Fwd L start LF trn, sd R cont trn, bk L to fc
 RLOD; Bk R across lady's path start LF trn, sd L cont trn, fwd R to
 BJO fc DW;

- 12- 13 [Change of Direction] Fwd L, fwd R trng ¼ LF, draw L to R and tch; end CP fc DC
- 123 14 [Telemark to SCP] Fwd L, trng LF fwd & sd R, fwd L to SCP (W bk R, cl L to R trng LF (heel trn), fwd R to SCP);
- 123; 15 [Natural Hover Cross] Fwd R begin RF turn ¼, sd L w/left side stretch cont trn ½, sd & fwd R to SCAR (W fwd L, fwd R trng 3/8 RF, bk L outside partner);
- 12&3 16 [Hover Cross Ending] Fwd L outside partner checking, bk R/sd L trng upper body RF to pin lady in position, fwd R outside partner in tight CBJO position fcg DC (W Bk R, rec L/cl R, bk L) *Note: The secret to a successful Hover Cross is a strong body turn on the part of the man. As he steps outside partner, his strong LF body turn will create the SCAR position, as he recovers the body turn lessens, goes to neutral as he steps across to her other side and changes to a strong RF body turn as steps outside her into BJO. These strong body positions will hold her in place so he CAN dance around her.*

REPEAT A (1-8)

PART B

- 1-8 **OPEN IMPETUS ; OPEN IN & OUT RUNS ; ; OPEN FINISH ; TELEMARK to SCP ; NATURAL HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT TO SCAR ;**
- 123 1 [Open Impetus] Begin RF trn Bk L, pull R heel to L cont trng RF and change weight (Heel Turn), fwd L in SCP twd LOD (W begin RF trn fwd R, fwd L strong step past M, cont trn to step fwd in SCP);
- 123;123 2-3 [Open In & Out Runs] Fwd & sd R across W's path trng through CP placing left hand on W's back, sd L cont trn to LHOP, fwd R (W fwd L, fwd R, fwd L blending to LHOP); Fwd L, fwd R, fwd L blending to RHOP as lady comes across (W fwd & sd R across M's path trng through CP placing left hand on M's back, sd L cont trn to RHOP, fwd R);
- 123 4 [Open Finish] Fwd R, fwd L, fwd R to BJO fc DC (W fwd L trng LF, sd & bk cont trn, bk L in BJO);
- 123 5 [Telemark to SCP] Repeat Measure 14 of Part A;
- 123 6 [Natural Hover Fallaway] Fwd R begin RF trn, fwd L on toe cont RF trn, back R in SCP fc DRW;
- 123 7 [Slip Pivot] Bk L well under body trng LF & rising, bk R checking, fwd L DW in BJO (W bk R starting LF pivot on ball of foot thighs locked & left leg kept extended forward, cont trn fwd L twd M, bk R in BJO);
- 123 8 [Cross Pivot to SCAR] Fwd R begin RF trn to CP, sd L cont trn in CP, fwd R to SCAR DC (W bk L begin RF trn, sd R cont trn, bk L in SCAR);

REPEAT A (1-8)

PART C

- 1-8 HESITATION CHANGE ; REVERSE TURN ; ; CHANGE DIRECTION ;
 TELEMARK to SCP; OPEN NATURAL ; OPEN IMPETUS ;
 MANEUVER ;**
- 12- 1 [Hesitation Change] Start RF trn Bk L, sd R, draw L to R end CP fcg DC;
- 123;123 2-3 [Reverse Turn] Fwd L start LF turn, sd R cont trn, cl L to R; Bk R start LF trn, sd L cont trn, cl R to L fcg DW in CP;
- 12- 4 [Change of Direction] Repeat Measure 13 of Part A;
- 123 5 [Telemark to SCP] Repeat Measure 14 of Part A;
- 123 6 [Open Natural] Fwd R trng RF, sd & bk L, bk R in BJO (W Fwd L, fwd R, fwd L);
- 123 7 [Open Impetus] Repeat Measure 1 of Part B;
- 123 8 [Maneuver] Repeat Measure 8 of Part A;

END

- 1-9 HESITATION CHANGE ; REVERSE TURN ; ; CHANGE DIRECTION ;
 DOUBLE REVERSE ; TELEMARK to SCP ; PREPARATION for;
 SAME FOOT LUNGE ; REC to a HINGE ;**
- 1-4 Repeat Measures 1-4 of Part C;;;
- 12- 5 [Double Reverse] Fwd L start LF trn, sd R spin LF w/strong left head and left side stretch, - (W bk R, draw L to R and transfer weight [heel turn]/fwd R [man's rotation will cause foot to turn and land backwards], cross RIFL [man's left side stretch will make this simple]);
- 123 6 [Telemark to SCP] Repeat Measure 14 of Part A;
- 123 7 [Preparation] Thru R trng RF, sd L cont trn to fc COH, tch R to L (W thru L, sd & slightly fwd R w/ slight RF trn to CP, cl L);
- 12- 8 [Same Foot Lunge] Lunge sd & slightly fwd R stretching right side slightly upwards look at W, -, slight RF upper body rotation to open lady out (W step strongly R behind L extend L twd RLOD, -, allow man to open you out);
- 9 [Recover to a Hinge] Recover wgt back to L leading the lady to take wgt on her L swiveling LF to CP, tch R to L, lower into left knee extending R leg twd LOD w/ slight RF upper body rotation (W take wgt on L swiveling LF to CP, extend R leg twd LOD with tightly crossed thighs, lower into L leg allowing R leg to continue extension);
Note: Measure 6 has a definite hold at the end and all the measures after that are irregular in timing. Dance the music. The hinge may be dressed up by both releasing left arms and extending out to the side, but be careful when doing this to maintain the same angles for both. As with any picture figure be careful to avoid coming over your partner, maintain counterbalancing upper body positions.

AA(1-8)B

A(1-8)C

	WAIT TOGETHER TO CP	WAIT BOX FINISH
A	DIAMOND TURN ---- VIENNESE TURNS FWD WALTZ SPIN TURN OPEN REVERSE TURN CHANGE OF DIRECTION HOVER CROSS	---- ---- ---- MANEUVER OPEN FINISH OPEN FINISH TELEMARK TO SCP ----
B	OPEN IMPEUS ---- TELEMARK TO SCP SLIP PIVOT BJO	OPEN IN & OUT RUNS OPEN FINISH NATURAL HOVER FALLAWAY CROSS PIVOT SCAR
C	HESITATION CHANGE ---- TELEMARK SCP OPEN IMPETUS	2 LEFT TURN TO FC DLW CHANGE OF DIRECTION OPEN NATURAL MANEUVER
END	HESITATION CHANGE ---- DOUBLE REVERSE MANEUVER & PREPARATION REC TO HINGE	2 LEFT TURN TO FC DLW CHANGE OF DIRECTION TELEMARK SCP SAME FOOT LUNGE

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