

YMCA

CHOREO: Alise Halbert (Cuesheet by Richard Lamberty)
ADDRESS: 4702 Fairview Avenue Orlando, FL 32804
PHONE: 407-849-0669
E-MAIL: richardlamberty@gmail.com
MUSIC: YMCA (Berk and the Virtual Bank – Jazz Chill 2)
RHYTHM: Rumba
PHASE (+): IV + 2 (Natural Top, Spiral)
FOOTWORK: Opposite unless indicated [*W: Woman's footwork in italics*]
SEQUENCE: **Introduction A B A B (1 – 8) A (9 – 18) B Ending**

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WEBSITE: WWW.REXL.ORG
LINKS: See below

Introduction

1 – 8 Wait in Bolero for Drum Beats. Wheel 6; ; Open Break (BFLY); Crab Walks; ; Thru Serpiente; ; Thru Face Close;

- Wait for the drum beats in Bolero Position WALL with lead feet free.
- 1 – 2 **[Wheel 6 (QGSx2)]** Wheel RF forward L, R, L, -; Continue RF Wheel forward R, L, R blending to CP WALL, -;
- 3 **[Open Break (QGS)]** Rock apart L, recover R, close L ending in BFLY WALL, -;
[*W: Rock apart R, recover L, close R ending in BFLY, -;*]
- 4 – 5 **[Crab Walk (QGSx2)]** XRif, side L, XRif, -; Side L, XRif, side L, -;
- 6 – 7 **[Thru Serpiente (QGSx2)]** Thru R, side L, R Xib, flare L; L Xib, side R, thru L, flare R;
[*W: Thru L, side R, L Xib, flare R; R Xib, side L, thru R, flare L, -;*]
- 8 **[Thru Face Close (QGS)]** Thru R, side L turning RF to face Partner and WALL, close R, -;

9 – 16 Hand to Hand to LOP; Back Walk 3; Back Basic; Forward / Spiral, Walk 2; New Yorker to OP; Walk, Forward / Spiral, Walk; Face Cucaracha Cross and Ronde to a Spot Turn; ;

- 9 **[Hand to Hand (QGS)]** Turning LF to OP LOD rock back L, recover R, turning RF to face partner and WALL side L, -;
- 10 **[Back Walk 3 (QGS)]** Turning to LOP RLOD back R, back L, back R, -;
- 11 **[Back Basic (QGS)]** Rock back L, recover R, forward L, -;
- 12 **[Forward (Spiral), Forward, Forward (QGS)]** Releasing lead hands forward R then spiral LF 7/8 [*W: Spiral RF*], continue LF turn 1/8 forward L toward RLOD, forward R joining lead hands, -;
- 13 **[New Yorker (QGS)]** Rock thru L, recover R, turning to face Woman and WALL side L, -;
- 14 **[Forward, Forward (Spiral), Forward (QGS)]** Turning LF to face LOD and releasing lead hands thru R in OP, releasing trail hands forward L then spiral RF 7/8 [*W: Spiral LF*], continue RF turn 1/8 forward R down LOD joining trail hands in OP LOD, -;
- 15 **[Face Cucaracha Cross & Ronde (QGS)]** Turning RF to face Partner and WALL rock side L joining lead hands in BFLY WALL, recover R, forward and across L toward RLOD, ronde R turning LF to face Partner and WALL;
- 16 **[Spot Turn (QGS)]** Forward and across R toward LOD and turn LF 1/2 to face RLOD, recover L continue LF turn, side R toward RLOD blending to BFLY WALL, -;

Part A

1 – 8 Basic to Fan; ; Hockey Stick; ; New Yorker; Aida; 3 Cross Swivels and Thru Face Close; ;

- 1 – 2 **[Basic to Fan (QGSx2)]** Rock forward L, recover R, side L, -; Rock back R, recover L turning body slightly toward LOD (shaping to the Woman), side R ending in Fan WALL, -;
[*W: Rock back R, recover L, side R, -; Rock forward L, turning 1/4 LF back R down LOD, back L ending in Fan looking toward RLOD, -;*]
- 3 – 4 **[Hockey Stick (QGS x 2)]** Rock forward L, recover R, close L raising joined lead hands, -; Turning 1/8 RF to face DRW rock back R toward DLC leaving left foot extended forward, recover L, side R ending in LOP-FCG DRW, -;

[W: Close R, forward L, forward R, -; Forward L, forward R in front of left as if on a tight rope then spiral 1/2 LF to face DLC, side and back L ending in LOP-FCG, -;]

- 5 **[New Yorker (QQS)]** Rock thru L, recover R, turning to face Woman and WALL side L, -;
 5 **[Aida (QQS)]** Thru R, forward L then spiral 1/2 RF joining lead hands and releasing trail hands, continue RF turn back R ending in a V Back to Back facing RLOD with lead hands joined, -;
 7 – 8 **[3 Cross Swivels & Thru Face Close (SS S{QQQ})]** Thru L then swivel LF to face Partner and WALL and join hands in BFLY ('Need'), -, thru R then swivel RF ('To'), -; Thru L then swivel LF ('Be'), -, {thru R ('Un'), side L ('hap'), close R ('py')};
NOTE: Measure 8 contains a musical triplet. In a Triplet the Slow that is normally equal to 2 Quicks is instead equal to 3 EVEN beats that take the same time as the Slow.
Round Dancing does not contain notations for that, so we recommend that you dance using the lyrics as a guide.

9 – 18 Forward Basic; Whip to LOP; Walk 3; Sliding Door; Rock Apart, Face, Close to an Alemana Turn; ; Forward, Lady Develope; Recover & Side Walk 3; Close to Lunge and Twist; ;

- 9 **[Forward Basic (QQS)]** Rock forward L, recover R, side L turning LF 1/4 to face LOD, -;
[W: Rock back R, recover L, side and forward R, -;]
 10 **[Whip to LOP (QQS)]** Back R with partner passing on your left side, recover R turning LF to face COH, side R ending in LOP LOD, -;
[W: Forward L on Man's left side, forward R then spiral LF 1/2 to face WALL, side L ending in LOP LOD, -;]
 11 **[Walk 3 (QQS)]** Forward L, forward R, forward L, -;
 12 **[Sliding Door (QQS)]** Rock apart R, recover L releasing lead hands, XRif passing behind Woman and joining trail hands, -;
[W: Rock apart L, recover R releasing lead hands, XLif passing in front of and joining trail hands, -;]
 13 **[Rock Apart, Recover to Face, Close (QQS)]** Rock apart L, recover R turning RF to face Partner and WALL, close L joining lead hands preparing for the Alemana Turn, -;
 14 **[Alemana Turn (QQS)]** Turning 1/8 RF rock back R toward DLC leaving left foot extended forward allowing Woman to step forward under joined lead hands, recover L toward DRW, swivel LF 1/8 to face WALL close R blending to BFLY WALL, -;
[W: Collect left foot and swivel RF 1/8 then step forward L toward DLC under joined lead hands leaving right foot extended back, spiral RF 1/2 then step forward R toward DRW, collect left foot then swivel RF 3/8 to face COH then step side L small step blending to BFLY, -;]
 15 – 16 **[Forward, Lady Develope; Recover & Side Walk 3 (SS S{QQQ})]** Forward L checking and leaving R extended back ('Way'), -, hold *[W: Develope]* ('To'), -; Recover R ('Have'), -, {side L ('A'), close R ('Good'), side L ('Time')};
[W: Back R checking leaving L extended forward ('Way'), -, raise left knee to a comfortable height and without lowering the knee extend the left foot forward with toes pointed ('To'), -; Recover L ('Have'), -, {side R ('A'), close L ('Good'), side R ('Time')}];]
NOTE: Measure 16 contains another Triplet.
 17 – 18 **[Close, Lunge; Twist, Recover (SS SS)]** On the strong beats Close R, -, lunge side L, -; Twist turning slightly toward RLOD still in BFLY with lead hands slightly raised and trail hands slightly lowered, -, recover R to BFLY WALL ('Stay'), -;

Part B

1 – 8 Open Break (w/ 'Y') into Full Natural Top; ; ; ; Back Away 3 Snap; Together 3 Patti Cake; Circle Away and Together; ;

- 1 **[Open Break (QQS)]** Rock apart L releasing hands and raising them into a 'Y' overhead, recover R, side L turning RF 1/4 to face RLOD and blending to CP, -;
[W: Rock apart R raising hands in a 'Y' overhead, recover L, forward R turning 1/4 RF toward LOD blending to CP, -;]
 2 – 4 **[Full Natural Top (QQSx3)]** Hook R behind with toes of R facing COH ("7") (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF side L turning RF to face DLC ("11") (1/8 turn RF in feet), continue RF turn hook R behind with toes of R facing DLW ("7") (1/4 turn RF in feet), -;

5: Pushing off right foot and swiveling slightly RF **side L** turning RF to face WALL (“11”) (1/8 turn RF in feet), **hook R** behind with toes of R facing RLOD (“7”) (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face DRC (“11”) (1/8 turn RF in feet), -;

6: **Hook R** behind with toes of R facing DLC (“7”) (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face LOD (“11”) (1/8 turn RF in feet), continue RF turn **close R** near L ending in loose CP facing WALL (“11”) (1/4 turn RF in feet and body), -;

*[W: Pushing off right foot and swiveling RF **side L** turning RF to face WALL (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward DRW (“7”) (1/8 turn RF), pushing off right foot and swiveling RF **side L** turning RF to face DRC (“11”) (1/4 turn RF), -;*

*5: Leaving right foot between Man’s feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward COH (“7”) (1/8 turn RF), pushing off and swiveling RF **side L** turning RF to face LOD (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward DLW (“7”) (1/8 turn RF), -;*

*6: Pushing off right foot and swiveling RF **side L** turning RF to face DRW (“11”) (1/4 turn RF), leaving right foot between Man’s feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward RLOD (“7”) (1/8 turn RF), pushing off right foot and swiveling RF **side L** small step ending in CP facing COH (“11”) (1/4 turn RF), -;]*

5 **[Back Away 3 Snap (QQS)]** Back away L, R, L, snap;

6 **[Together 3 Patti Cake (QQS)]** Together R, L, R, simultaneously using the flat of the both hands patti cake slap with partner (lead hands to lead hands, trail hands to trail hands);

7 – 8 **[Circle Away and Together (QQSx2)]** Circle LF in 6 walking steps L, R, L, -, R, L, R to end in OP Facing Partner and WALL no hands joined, -;

[W: Six walking steps turning RF R, L, R, -; L, R, L, -;]

9 – 16 Hand to Hand to LOP; Back Walk 3; Back Basic; Forward / Spiral, Walk 2; New Yorker to OP; Walk, Forward / Spiral, Walk; Face Cucaracha Cross and Fan to a Spot Turn; ;

9 – 16 Repeat measures 9 – 16 of the Introduction.

Repeat Part A

Repeat Part B (Meas 1 – 8)

Repeat Part A (Meas 9 – 18)

Repeat Part B

Ending

1 Corte.

1 **[Corte (S.)]** Corte side and back L and hold.

Links:

Listen to the whole song:

<https://www.youtube.com/watch?v=N45fBnZq6Us>

Purchase:

https://www.amazon.com/dp/B01M3PQT1K/ref=dm_ws_tlw_trk28

YMCA – HALBERT – RB IV+2 – Berk & the Virtual Band – 3:34**Intro (16 meas)**

In Bolero Pos WALL wait the drums then start immediately with:

Wheel 6 to face ;; Open Break to BFLY ; Crab Walks ;;

Thru Serpiente ;; Thru, Face, Close ;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

Part A (18 meas)

Basic to Fan ;; Hockey Stick ;; New Yorker ; Aida ;

Cross Swivel 3x and Thru Face Close ;;

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

Part B (16 meas)

Open Break (w/ Y) to Full Natural Top ;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

Part A (18 meas)

Basic to Fan ;; Hockey Stick ;; New Yorker ; Aida ;

Cross Swivel 3x and Thru Face Close ;;

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

Part B 1 – 8 (8 meas)

Open Break (w/ Y) to Full Natural Top ;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

Part A 9 - 18 (10 meas)

Forward Basic ; Whip to Left Open ; Walk 3 ; Sliding Door ;

Rock Apart, Face, Close to an Alemana Turn ;;

Forward Lady Develope ; Recover & Side Walk 3 ; Close, Lunge ; Twist, Recover ;

Part B (16 meas)

Open Break (w/ Y) to Full Natural Top ;;;

Back Away 3 SNAP ; Together 3 Slap ; Circle Away and Together ;;

Hand to Hand to LOP ; Back Walk 3 ; Back Basic ; Forward Spiral and Walk 2 ;

New Yorker to OP ; Walk, Forward Spiral, Walk ; Cucaracha Cross & Ronde to a Spot Turn ;;

Ending (1 meas)

Corte.