

YOUNGER THAN SPRINGTIME

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MUSIC: Ross Mitchell CD DLD 1004

Download also available at iTunes,

Release Date: 3/25/10 vers 1.0

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)

TIME: 2:28@CD speed

MODIFICATIONS: -2.25% or 44 rpm [or for comfort]

RHYTHM: FOXTROT PHASE: V +1 [Continuous Hover Cross [Interrupted]]

DEGREE OF DIFFICULTY: Average

SEQUENCE: **INTRO A B C B ENDING**

INTRODUCTION

1-4 LOP FCG DRW WAIT;; TOGETHER TO CP & SHAPE; FEATHER FINISH:

[1-2] LOP facing DRW M's L & W's R hnds jnd & M's L & W's R feet free Wait 2 ms;;

[3] {Tog CP} Fwd L to CP shaping to R, -, -, - (Fwd R to CP shaping to M, -, -, -);

[4] {Fthr Fin} Bk R comm LF trn, -, cont trn sd & fwd L, fwd R to BJO DLW (Fwd L comm LF trn, -, cont trn sd & bk R, bk L to BJO);

PART A

1-4 HOVER; PROMENADE WEAVE;; 3 STEP:

[1] {Hvr} Fwd L leading W to CP, -, sd & fwd R rising, sd & fwd L to SCP DLC (Bk R, -, sd & bk L rising, sd & fwd R to SCP);

[2-3] {Prom Wev} Fwd R, -, fwd L comm LF trn, sd & bk R to BJO (W fwd L, -, sd & bk R comm LF trn, sd & fwd L to BJO); Bk L, bk R to CP comm LF trn, cont trn sd & slightly fwd L, fwd R to BJO DLW (W fwd R, fwd L to CP comm LF trn, cont trn sd & bk R, bk L to BJO);

[4] {3 Stp} Fwd L leading W to CP, -, fwd R, fwd L DLW (Bk R to CP, -, bk L, bk R);

5-8 NATURAL HOVER CROSS;; DRAG HESITATION; HESITATION CHANGE:

[5-6] {Nat Hvr X} Fwd R comm RF trn, -, sd L w/L sd stretch, cont RF trn sd R; With R sd stretch fwd L in SCAR on toe ckg, rec R w/slight L sd ld, sd & fwd L, w/L sd stretch fwd R on toe to BJO DLC (Bk L comm RF trn, -, heel turn cl R to L w/R sd stretch, cont RF trn sd L; w/L sd stretch bk R in SCAR on toe ckg, rec L w/slight R sd ld, sd & bk R, w/R sd stretch bk L to BJO);

[7] {Drg Hes} Fwd L, -, comm LF trn sd R cont trn, drw L to R to BJO DRC (Bk R, - comm LF trn sd L cont LF trn, drw R to L to BJO);

[8] {Hes Chg} Comm RF trn bk L, -, cont RF trn sd R to CP, drw L to R DLC (Comm RF trn fwd R, -, cont trn sd L to CP, drw R to L);

9-12 REVERSE TURN;; 3 STEP; NATURAL TELEMAR:

[9-10] {Rev Trn} Fwd L comm LF trn, -, sd R cont trn, bk L; Bk R comm LF trn, - sd & slightly fwd L DLW, fwd R to BJO DLW (Bk R comm LF trn, -, cl L to R heel trn cont trn, fwd R; Fwd L cont LF trn, -, sd R, bk L to BJO);

[11] {3 Stp} Repeat ms 6 Part A DLW;

[12] {Nat Telmk} Comm RF trn fwd R, -, sd L w/L sd stretch, cont RF trn sm sd & fwd R to SCAR LOD (Comm RF trn bk L, -, cl R to L heel turn w/R sd stretch, cont RF trn sd & slightly bk L to SCAR);

13-16 ZIG ZAG 4; HOVER CROSS ENDING OVERTURNED TO; TOP SPIN; CHANGE OF DIRECTION:

QQQQ [13] {Zig Zag 4} Fwd L in SCAR comm LF trn, sd & bk R to BJO DRC, bk L trng RF, sd & fwd L to SCAR DLC (Bk R comm LF trn, sd & fwd L to BJO, fwd R trng RF, sd & bk L to SCAR);

(PART A CONT)

[14] {Hvr X Endg Ovrtrn} With R sd stretch fwd L on toe ckg, rec R w/slight L sd ld comm slight LF trn, cont LF trn sd & fwd L, cont LF trn w/L sd stretch fwd R on toe to BJO DRC ckg/spn 1/8 LF (With/L sd stretch bk R on toe in BJO ckg, rec L comm slight LF trn, cont LF trn sd & bk R, cont LF trn w/R sd stretch bk L on toe to BJO ckg/spn 1/8 LF);
[15] {Top Spn} Bk L in BJO, bk R trng 1/8 LF, w/L sd stretch sd & slightly fwd L, w/L sd stretch fwd R to BJO DLW (Fwd R, fwd L trng 1/8 LF, w/R sd stretch sd & slightly bk R, w/R sd stretch bk L to BJO);
[16] {Chg Dir} Fwd L leading W to CP, -, fwd R w/R shoulder ld trng LF comm drw L to R, fin drw L to R DLC (Bk R to CP, -, bk L w/L shoulder ld trng LF comm drw R to L, fin drw R to L);

PART B

1-4 REVERSE WAVE 1/2; CHECK & WEAVE;; HOVER:

[1] {Rev Wav ½} Fwd L comm LF trn, -, sd R cont LF trn, bk L CP DRC (Bk R trng LF, -, heel trn cl L to R, fwd R);
[2-3] {Chk & Wev} Slip R bk under body w/slight contra ck action, -, fwd L comm LF trn, sd & slightly bk R slight LF trn w/R sd ld; Bk L to BJO cont slight LF trn, bk R to CP cont LF trn, sd & fwd L w/L sd stretch, fwd R to BJO DLW (W slp L fwd w/slight contra ck action, -, bk R comm LF trn, sd L w/L sd ld, fwd R in BJO, fwd L to CP cont LF trn, sd & bk R w/R sd stretch, bk L to BJO);
[4] {Hvr} Repeat ms 1 Part A SCP DLC;

5-8 QUICK OPEN REVERSE; OUTSIDE CHECK; OUTSIDE SWIVEL LILT PIVOT; RIGHT LUNGE ROLL & SLIP;

SQ&Q [5] {Qk OP Rev} Fwd R, -, fwd L comm LF trn/sd & bk R, w/R sd stretch bk L to BJO RLOD (Fwd L, -, comm LF trn sd & bk R/sd & fwd L, w/L sd stretch fwd R to BJO);
[6] {Outsd Chk} Bk R comm slight LF trn, -, sd & fwd L, fwd R ckg to BJO DRW (Fwd L comm slight LF trn, -, sd & bk R, bk L ckg to BJO);
[7] {Outsd Swvl Lilt Pvt} Bk L, trng upper body RF, fwd R with tilting action trng body LF to pickup W to CP, -/fwd L lowering & pvtg LF WALL (Fwd R, swvl RF on R to SCP DRW, fwd L with tilting action trng body LF to CP, -/bk R lowering & pvtg LF);
[8] {R Lun Roll & Slp} Comm slight LF trn sd & fwd R, -, rolling RF rec L, trng LF slip R past L to CP DLC (Sd & bk L, -, rolling RF rec R, trng LF fwd L to CP);

9-12 TELEMARK SCP; OPEN NATURAL; OUTSIDE SPIN; FEATHER FINISH TO;

[9] {Telmk SCP} Fwd L comm LF trn, -, sd R cont LF trn, sd & fwd L to SCP DLW (W bk R comm LF trn, -, heel trn cl L to R, cont trn sd & fwd R to SCP);
[10] {OP Nat} Comm RF trn fwd R, -, sd L across LOD, cont slight RF trn bk R to BJO DRC (Comm RF trn fwd L, -, fwd R between M's feet, cont slight RF trn fwd L to BJO);
[11] {Outsd Spn} In BJO comm RF body trn toeing in bk L 3/8 trn, -, fwd R heel to toe cont RF trn, bk L CP DRW (Fwd R heel to toe comm RF spin, -, cl L on toe cont RF spn, fwd R between M's feet CP);
[12] {Fthr Fin Ckg} Bk R comm LF trn, -, sd & fwd L, fwd R to BJO on toe DLW ckg/spn 1/8 LF (Fwd L comm LF trn, -, sd & bk R, bk L to BJO ckg/spn 1/8 LF);

13-16 DOUBLE TOP SPIN;; CHANGE OF DIRECTION; DOUBLE REVERSE;

[13-14] {Dbl Top Spn} Bk L in BJO, bk R trng 1/8 LF, w/L sd stretch sd & slightly fwd L, fwd R to BJO DRC ckg/spn 1/8 LF; Bk L in BJO, bk R trng 1/8 LF, w/L sd stretch sd & slightly fwd L, fwd R in BJO DLW (Fwd R, fwd L trng 1/8 LF, w/R sd stretch sd & slightly bk R, w/R sd stretch bk L to BJO ckg/spn 1/8 LF; fwd R, fwd L trng 1/8 LF, w/R sd stretch sd & slightly bk R, w/R sd stretch bk L to BJO);

(PART B CONT)

[15] {Chg Dir} Repeat ms 16 Part A CP DLC;

[16] {Dbl Rev} Fwd L comm LF trn, -, sd R, spn LF bringing L ft under body no weight to CP LOD (Bk R comm LF trn, -, heel turn cl L to R/sd & slightly bk R cont LF trn, XLIF to CP);

PART C

1-4 REVERSE WAVE;; BACK FEATHER; FEATHER FINISH;

[1-2] {Rev Wav} Fwd L comm LF trn, -, sd R cont LF trn, bk L CP COH; Bk R curvg LF, -, bk L curvg LF, bk R CP RLOD (Bk R comm LF trn, -, heel turn cl L to R, fwd R; Fwd L curvg LF, -, fwd R curvg LF, fwd L);

[3] {Bk Fthr} Bk L, -, bk R w/R shldr ld, bk L to BJO RLOD (Fwd R, -, fwd L w/L shldr ld, fwd R to BJO);

[4] {Fthr Fin} Bk R comm LF trn, -, cont trn sd & fwd L, fwd R to BJO DLW (Fwd L comm LF trn, -, cont trn sd & bk R, bk L to BJO);

5-8 3 STEP; CONTINUOUS HOVER CROSS INTERRUPTED;;;

[5] {3 stp} Repeat ms 4 Part A CP DLW;

[6-8] {Cont Hvr X Interruptd} Fwd R comm RF trn, -, cont RF trn sd L w/L sd stretch, strong RF trn sm fwd R to BJO DLW; Fwd L ckg, bk R ckg, fwd L to R sd stretch, cl R to L comm RF trn; Bk L in BJO, bk R, sd & fwd L w/L sd ld & L sd stretch, fwd R to BJO DLC (Bk L comm RF trn, -, cont RF trn heel turn cl R to L, sd & bk L to BJO; Bk R ckg, fwd L ckg, bk R, sd L to CP, fwd R to BJO, fwd L to CP, sd & bk R, bk L to BJO);

9-12 CURVING 3 STEP; BACK CURVING 3 STEP; 3 STEP; [BEGIN] NATURAL WEAVE [WITH];

[9] {Crvg 3 Stp} Fwd L leading W to CP comm LF trn, -, fwd R w/R sd stretch cont LF trn, w/strong R sd stretch fwd L ckg DRC (Bk R comm LF trn, -, bk L w/L sd stretch cont LF trn, w/strong L sd stretch bk R ckg);

[10] {Bk Crvg 3 Stp} Bk R comm LF trn, -, bk L w/L sd stretch cont LF trn, w/L sd stretch bk R ckg DLW (Fwd L comm LF trn, -, fwd R w/R sd stretch cont LF trn, w/R sd stretch fwd L ckg);

[11] {3 Stp} Repeat ms 4 Part A CP DLW;

[12] {Beg Nat Wev} Fwd R comm RF trn, -, sd L w/L sd stretch, w/R sd ld bk R to BJO DRW (Bk L comm LF trn, -, heel turn cl R to L w/R sd stretch, w/L sd ld fwd L to BJO);

13-16 DOUBLE BACK LILT; WEAVE ENDING; WHISK; FEATHER;

[13] {Dbl Bk Lilt} In BJO bk L, cl R rising onto toes keeping knees bent, bk L, cl R rising onto toes keeping knees bent (Fwd R, cl L rising onto toes keeping knees bent, fwd R, cl L rising onto toes keeping knees bent);

[14] {Wev Endg} Bk L in BJO, bk R to CP comm LF trn, cont trn w/L sd stretch sd & fwd L, fwd R to BJO DLW (Fwd R in BJO, fwd L to CP comm LF trn, cont trn w/R sd stretch sd & bk R, bk L to BJO)

[15] {Whsk} Fwd L to CP, -, fwd & sd R comm rise, XLIB cont rise to SCP DLC (Bk R, -, bk & sd L comm rise, XRIB cont rise to SCP);

[16] {Fthr} Fwd R, -, fwd & sd L w/L sd ld, fwd R to BJO DLC (W fwd L comm LF trn, -, cont trn sd & bk R w/R sd ld, bk L to BJO);

ENDING

1+, FORWARD RIGHT LUNGE; CHANGE SWAY,

[1] {Fwd R Lun} Fwd L, -, w/R sd lead lun sd & fwd R stretch L sd, - (Bk R, -, w/L sd ld lun sd & bk L stretch R sd, -);

[2] {Chg Swy} Qk chg to R sd stretch w/slight RF upper body rotation (Qk chg to L sd stretch w/slight RF upper body rotation opening head to R),